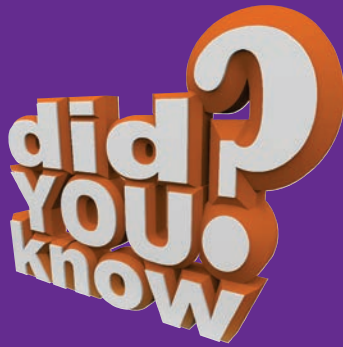




FALL 2016, ISSUE 1

the Bergen Student

A Newsletter by the Office of Student Affairs at Bergen Community College



- If you graduate from Bergen before you transfer to a NJ state college, you can save an average of \$15,000!
- Bergen graduated more students than any other community college in NJ three years in a row.
- The Paramus campus borders three separate golf courses.
- Morgan Freeman, Steve Jobs, George Lucas, Eddie Murphy & Halle Berry all attended Community College!

Important Information

Apply for Scholarships Online

- Login at <https://bccfscholarships.communityforce.com> with your College ID
- Fill out the application & search and match to scholarships



New Online Orientation!

Get Started

- ✓ Set up your Bergen Student Portal Account my.bergen.edu
- ✓ Log-In
- ✓ Select Online Orientation and begin your journey



Snow Days & Safety Alerts

Receive notifications immediately with Send Word Now!

Sign up at <https://bergen.sendwordnow.com/HomePage.aspx>



Pizza with the VP

Enjoy Pizza and Discuss College-Related Topics with the Vice President of Student Affairs Dr. Naydeen González-De Jesús



Lunch is FREE! • 12:00 – 1:15 p.m.

- Thursday, October 20 - Paramus Campus, Student Center
- Tuesday, November 1 - Philip Ciarco Jr. Learning Center Hackensack, Student Café
- Thursday, November 3 - Bergen Community College at the Meadowlands, Student Lounge

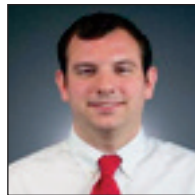
Meet Peter Vida Bergen's New Dean of Enrollment Services

Peter joined Bergen's team on August 8. Born in Brooklyn, he completed high school at Benjamin Cardozo, which is adjacent to Queens Borough Community College in Bayside, Queens, New York. He graduated with his Master's degree in Leadership and Strategic Management from Manhattanville College in Purchase New York. He comes to us with 30 plus years of successful enrollment management experience. Bergen is Peter's fourth community college having already worked at Hudson, Union and Borough of Manhattan Community College. He began his career in higher education at Vaughn College, which is directly across from LaGuardia Airport after his separation from the USAF where he served as an autopilot flight controls system specialist (Avionics). Peter is a first generation American where both his parents left Hungary after the 1956 revolution. Peter is fluent in Hungarian and retains his family ties with relatives abroad where he visits often. Stop by and meet him in Room L 123-A, Pitkin Education Building at the Paramus campus.



Meet Ian Wolf Bergen's New Coordinator of Student Conduct & Information

Ian is excited to join the Bergen Bulldog family. Before Bergen, he served as a Graduate Assistant for the Office of Student Conduct at Rutgers University in New Brunswick from 2014 to 2016. He holds a Bachelor of Arts in History/Political Science and Sociology and earned a Master of Education in College Student Affairs, both from Rutgers University. When not on campus, he can be found exploring Bergen County, volunteering for his fraternity, Sigma Pi and working as a recreation league NJ wrestling official. Ian will strive to be a resource for all students through conversations, programming, and information. He encourages students to consider joining student clubs, an athletic team, and to work on campus! Come meet Ian Wolf in Room SC110, Pitkin Education Building at the Paramus Campus.



September was National Suicide Awareness Month

If you or someone you know is at risk for suicide, please speak with a mental health professional. Counselors are available Monday-Thursday 9:00 a.m. – 7:00 p.m. and Friday 9:00 a.m. – 5:00 p.m. in room A-118 at the Paramus campus (201) 447-9257.

In the event of any life threatening situation after our posted hours, such as suicidal thoughts/attempts to harm oneself, alcohol or drug overdose, or serious mental health crisis, call one of the following numbers for assistance:

- New Jersey Hope Line: 1-855-654-6735
- National Suicide Prevention Lifeline: 1-800-273-8255 or
- Call 911 (police)
- Go to your local emergency room immediately

For county screeners, please visit our website for more detailed information:
<http://bergen.edu/current-students/student-services-departments/health-wellness-and-personal-counseling/personalcounseling/>

Events



Wellness Workshops – Fall Semester 12:30 - 1:30 p.m. Located in Room HS-100 Pitkin Education Building, Paramus campus

Grief, Hurt and Heartache Support Group – Mondays throughout the semester

Anger Management – 7-week workshop meeting Tuesdays: October 4, 11, 18, 25, November 1, 8, & 15

Anxiety Workshop – 4-week workshop meeting Wednesdays: October 5, 12, 19 & 26

Healthy Relationships – 5-week workshop meeting on Fridays: October 7, 14, 21, 28 & November 4



A 3 PEAT!

No. 1 in NJ for Associate Degree Graduates

Earn While You Learn with Cooperative Education



CAREER AND WORKFORCE DEVELOPMENT CENTER ROOM A-123

- Earn College Credit
- Gain Work Experience
- Bridge Education & Experience
- Build Your Résumé
- Offered In 25 Majors
- Current Position May Qualify

INVEST IN YOUR FUTURE! CALL NOW (201) 447-7171

Christine M. Matthews
Coordinator of Service Learning and Career Services
Career & Workforce Development Center
Bergen Community College
(201) 447-7171
cmatthews@bergen.edu

THURSDAY, OCTOBER 13

Talent Show

11:00 a.m. Student Center

Join us for our Second Talent show!

Can you sing?
Can you dance?
Can you entertain a crowd?

Then sign up your act by October 6th with Prof. Cesarina Vinas, cvinas@bergen.edu, Room L-327



Helpful Contact Information

Student Affairs, Paramus

Academic Advising Room A-118
www.bergen.edu/counseling

Admissions Room A-115
www.bergen.edu/admissions

Center for Collegiate Deaf Education Room L-115
www.bergen.edu/ccde

Center for Health, Wellness and Personal Counseling Room HS-100
www.bergen.edu/hwpc

Center for Student Success Room A-118
www.bergen.edu/coop

Educational Opportunity Fund Counselors Room C-100
www.bergen.edu/eof

International Student Center Room C-102
www.bergen.edu/isc

Office of Public Safety Room L-154
www.bergen.edu/publicsafety

Office of Specialized Services Room L-115
www.bergen.edu/oss

Office of Student Life Room SC-110
www.bergen.edu/studentlife

One Stop Registration and Financial Aid Room A-128
www.bergen.edu/registration

Student Affairs, Hackensack

Philip Carlo Jr. Learning Center
355 Main Street, Hackensack, NJ 07601
Room 115 • (201) 301-1708

Student Affairs, Meadowlands

1280 Wall Street West, Lyndhurst, NJ 07071
First Floor, Room 116 • (201) 301-9699

Academic Counseling; Career and

Transfer Services Room 124

Financial Aid Services Room 140 and 136

Office of Public Safety Room 101

Registration Services Room 126

Student Advisement Room 126

THE FALL JOB FAIR



Thursday
October 6, 2016
9:30 a.m. – 1 p.m.

Student Center, Pitkin Building (Paramus)

Withdrawal Deadlines

Fall 1	Flex 1	Fall 2	Fall 3
Last Day to Receive 100% Tuition Refund			
9/7	9/2	9/24	10/27

Last Day to Receive 50% Tuition Refund			
9/14	9/9	9/29	11/3

Last Day to Receive 25% Tuition Refund			
9/21	9/11	10/6	11/5

Last Day to Request Audit Status			
9/8	9/8	9/28	11/2



Sports Schedule at Bergen

2016 CROSS COUNTRY

Fri.	Sept. 23	Golden Beacom College Fall XC Classic (at Carousel Park – Wilmington, DE) (at Van Cortlandt Park - Bronx, NY)	A	9:00 a.m.
Sat.	Oct. 1	Mount St. Mary College XC Invitational (at Hudson Valley Sports Dome - Milton, NY)	A	10:00 a.m.
Sat.	Oct. 8	NJIT Highlander XC Challenge (at Branch Brook Park – Newark, NJ)	A	11:00 a.m.
Sat.	Oct. 15	Cougar Chase Invitational (at Caldwell Univ. – Caldwell, NJ)	A	3:00 p.m.
Sun.	Oct. 30	Region XIX Championship Meet A TBA (hosted by Essex CC at Branch Brook Park - Newark, NJ)		
Sat.	Nov. 12	NJCAA DIII National Championship Meet (hosted by Finger Lakes CC, Canandaigua, NY) (<i>must qualify</i>)	A	

*Reg. 19 DIII Opponent

2016 WOMEN'S VOLLEYBALL

Thurs.	Feb. 11	*Passaic Co. CC	A	5:30 p.m.
Sat.	Sept. 24	Ocean CC w/Lehigh Carbon CC	H	12:00 p.m.
Tue.	Sept. 27	Brookdale CC	H	7:00 p.m.
Thu.	Sept. 29	Raritan Valley CC	A	6:30 p.m.
Tue.	Oct. 4	Union CC	A	7:00 p.m.
Wed.	Oct. 5	Kingsborough CC	H	7:00 p.m.
Mon.	Oct. 10	Brookdale CC	A	7:00 p.m.
Sat.	Oct. 22	Reg. XIX DIII Tournament (at Northampton CC, PA)	A	TBA
Sat.	Oct. 29	District Championship (at Reg. 10 - must qualify)	A	
Fri.	Nov. 11	NJCAA DIII Nationals	A	
Sat.	Nov. 12	NJCAA DIII Nationals (Rochester, MN - must qualify)	A	

*Reg. 19 DIII Opponent

2016 WOMEN'S SOCCER

Tues.	Sept. 27	Raritan Valley CC	A	3:30 p.m.
Thurs.	Sept. 29	Kingsborough CC	H	4:00 p.m.
Sat.	Oct. 1	Ocean CC	A	2:00 p.m.
Tues.	Oct. 4	Manor College	H	4:00 p.m.
Sat.	Oct. 8	Cumberland CC	H	12:00 p.m.
Mon.	Oct. 10	Sussex Co. CC	A	3:30 p.m.
Thurs.	Oct. 13	Union CC	A	3:30 p.m.
Sat.	Oct. 15	Rowan Coll. at Gloucester Co.	H	12:00 p.m.
Sat.	Oct. 22	Reg. XIX DIII Tourn. (1st round)		
Tues.	Oct. 25	Reg. XIX DIII Tourn. (2nd round)		
Sun.	Oct. 30	Reg. XIX DIII Tourn. Finals (at Union CC-must qualify)	A	
Thurs.	Nov. 10	NJCAA DIII Nationals	A	
Fri.	Nov. 11	NJCAA DIII Nationals	A	
Sat.	Nov. 12	NJCAA DIII Nationals	A	
Sun.	Nov. 13	NJCAA DIII Nationals	A	

*Reg. XIX Opponent

2016 MEN'S SOCCER

Fri.	Sept. 23	Golden Beacom College Fall XC Classic	A	9:00 a.m.
Sat.	Sept. 24	Camden CC	H	12:00 p.m.
Tues.	Sept. 27	Raritan Valley CC	H	3:30 p.m.
Thurs.	Sept. 29	Manor College	A	4:00 p.m.
Tues.	Oct. 4	Sussex Co. CC	A	3:30 p.m.
Sat.	Oct. 8	Cumberland CC	A	12:00 p.m.
Tues.	Oct. 11	Passaic Co. CC	A	3:30 p.m.
Thurs.	Oct. 13	Union CC	H	3:30 p.m.
Sat.	Oct. 15	Rowan Coll. at Gloucester Co.	A	12:00 p.m.
Mon.	Oct. 17	Westchester CC	A	4:00 p.m.
Sat.	Oct. 22	Reg. XIX DIII Tourn. (1st round)		
Tues.	Oct. 25	Reg. XIX DIII Tourn. (2nd round)		
Sat.	Oct. 29	Reg. XIX DIII Tourn. Finals (at Union CC-must qualify)	A	
Thurs.	Nov. 10	NJCAA DIII Nationals	A	
Fri.	Nov. 11	NJCAA DIII Nationals	A	
Sat.	Nov. 12	NJCAA DIII Nationals	A	
Sun.	Nov. 13	NJCAA DIII Nationals (at Herkimer College, NY-must qualify)	A	

*Reg. 19 DIII Opponent

Get Involved with Bergen Sports, as an Athlete or a Fan!

In 2016, Track & Field's Garrett Pynn was the first NJCAA Discus Champion in Bergen Community College's school history.

Bergen's 2015 Men's Cross Country team won the Region XIX Championship for the first time since 1981.

Bergen's 2015 Men's Soccer team won the Region XIX Championship for the first time in school history.

Bergen Community College since 1968 has a rich history in intercollegiate athletics. The Bulldogs compete in the National Junior College Athletic Association (NJCAA DIVISION III).

