

Bergen Community College

Division of Business, Arts, and Social Sciences

Department of Business & Hotel/Restaurant Management

HRM 213 Garde Manger

Date of Most Recent Syllabus	Revision: April, 2018				
Course Typically Offered: Fall	SpringSummer	Every Semester_	Other		
Syllabus last reviewed by:	BCC General Education	Committee	Date:		
(Most courses need review	Ad Hoc Committee on Le	earning Assessment			
by only one of the following)	Curriculum Committee		_Date: <u>Dec., 2017</u>		
Basic Information about Course and Instructor					
Semester and year:					
Course and Section Number: Garde Manger HRM 213					
Meeting Times and Locations:					
Instructor:					
Email Address:					
Office Location:					
Phone:					
Departmental Secretary: Linda Karalian, 201-447-7214, <u>lkaralian@bergen.edu</u>					
Office Hours:					
Course Provide to					

Course Description:

Official Catalog Course Description

This course is a study of a wide variety of food decorating and garnishing techniques. Laboratory work includes preparation of classic and contemporary salads, dressings, appetizers, canapés, charcuterie, vegetable/fruit carvings and hors d'oeuvres.

Hours: Lecture [2.00]. Lab [2.00].

3 credits

Prerequisites: HRM 103 **Co-requisites:** None

Cross Listed Courses: None

Student Learning Objectives:

As a result of meeting the requirements in this course, students will be able to:

- 1. Apply basic cooking techniques to compose elegant presentations
- 2. Practice fundamental knife skills for the production of garnishes
- 3. Plan and execute charcuterie recipes including charcuterie, canapés, galantines and mousses while using aspic/gelatin preparation techniques
- 4. Prepare a variety of cold salads, soups, sandwiches, seafood, condiments and sauces while illustrating texture, nutritional balance and flavor compatibility.

Means of Assessment

The major assessment types (means of assessment) utilized in this course are graded lab participation, homework (individual), objective written tests and practical examinations.

Course Content

This course serves as an introduction to developing the art and science of menus for the cold kitchen. Students are introduced to the preparation of cold hors d'oeuvres, sandwiches, salads and charcuterie. The course also introduces reception foods and buffet arrangements. The course includes the following mandatory components:

- 1. Knife skill development for the production of garnishes
- 2. Daily planning and preparation of various cold dishes
- 3. Traditional and modern plating and buffet presentations as they relate to the cold kitchen

Course Outline and Calendar

Week	Date(s)	Торіс	Chapters
1		The Garde Manger Manager (p. 3)	1-3
		Sauces & Dressings (p. 21)	
		Simple Salads & Tossed Salads (p. 56)	
2		Vegetable & Fruit	4
3		Complex Salad (p. 128)	5
4		Cold Seafood (p. 188)	6
5		Cold Meat – Applications for Cold Meats (p. 244)	7
6		Understanding Cold Soups (p. 275)	8
7		Garde Manger Sandwiches (p. 308)	9
8		Cold Hors d'Oeuvres (p. 363)	10
9		Aspic & Chaud Froid (p. 630)	16
10		Mousselines (p. 604)	15
11		Patés, Terrines, Charcuterie Specialties (p. 514)	13
12		Cured & Smoked Foods (p. 408)	11
13		Sausages (p. 469)	12
14		Condiments, Embellishments & Decor (p. 664)	17
15		Final Examination & Kitchen Clean-Up	

Notes to Students:

- 1 Syllabus may change due to unforeseen circumstances or to take advantage of educational opportunities.
- 2 Your instructor will update you on test dates and assignments. Please continually log on to Moodle for announcements, reminders and updates.
- 3 Please log on to Moodle for handouts that are not distributed in hard copy form. Please also check your Bergen Community College e-mails (You may decide to filter your Bergen e-mail into your personal e-mail address).

Special Features of the Course

In addition to daily performance in the kitchen, use of learning technologies in the course (Internet, Moodle, etc.) is necessary to help you succeed in this course and in the industry.

Course Texts and/or Other Study Materials

Required

Sackett, L., Pestka, J., & Gisslen, W. (2011). Professional Garde Manger. Hoboken, N.J: Wiley. ISBN: 978-0-470-17996-3

Recommended

Labensky, K. (2015). On Cooking, 5th Ed. New York: Pearson. ISBN: 978-0-133-45855-8

Grading Policy

The grading system used for this course will combine the following

Daily Lab Performance 70%
Assignments 20%
Final Examination 10%
100%

Attendance Policy

- 1. Attendance will be taken at the beginning and end of each class session
- 2. You are required to attend 14 out of 15 classes, or you may be required to repeat the course again. Absences require an official doctor's note of other formal documentation.
- 3. Lateness that exceeds 10 minutes will be counted as an absence
- 4. 2 latenesses that are less than 10 minutes each equal 1 absence. You must notify the instructor when you arrive late. Otherwise you will be marked absent.
- 5. There are no make-up examinations.

Overall Kitchen Lab Class Participation (up to 10 performance points per session)

Class participation by students (including regular and timely attendance and active engagement in class sessions) is an essential part of this course. I expect you to participate actively and constructively in our class sessions in ways that show respect and courtesy to me and to your classmates during lecture and lab. As we proceed through the semester, there will be class discussions and practical tests on all of the major topics covered in the course. You are required to participate actively during all classes, and to remain in class the entire session. This includes logging on to Moodle for class announcements and being in touch with the class if you need to miss a class session.

"Professional" behaviors: To earn points for class participation, you must (1) attend class regularly in proper uniform, and be on time and not leave early; (2) be well-prepared for class by doing all assigned reading and other out-of-class preparations ahead of time; (3) participate voluntarily, actively, intelligently, and constructively in class discussions and during the lab; (4) perform all in-class tasks; (5) apply proper sanitation and food preparation procedures appropriate to the menu; and (6) utilize frequently and actively the materials and facilities needed for your success in this course.

"Unprofessional" behaviors: Behaviors such as the following will result in your losing points for class participation: (1) being absent from or late for class; (2) leaving class early; (3) continually walking out of and coming back into class; (4) not adhering to proper uniform and appearance guidelines; (5) being inattentive to class lectures and lab demonstrations; (6) behaving inappropriately in class (e.g., acting silly; conducting private conversations, utilizing cell phones except when permitted for camera use, other distracting classroom antics such as chewing gum in class; careless treatment of food and equipment; etc.); (7) being impolite, rude, or discourteous to me or to your classmates; (8) not being adequately prepared for class; (9) showing a negative or frivolous attitude toward the course; (10) Not utilizing the materials and facilities provided for your success in the course.

Other College Policy Statements

Code of Student Conduct:

http://bergen.edu/wp-content/uploads/StudentCodeofConduct2016_EngVer12062016.pdf

Statement on plagiarism and/or academic dishonesty:

Please read pages 8-9 in the above link. Students are not excused from the penalties for not being aware of or for not having read the policies set forth regarding plagiarism and other forms of academic dishonesty.

ADA Statement:

Students who require accommodations in accordance with the Americans with Disabilities Act (ADA) can request these services from the Office of Specialized Services. To learn more about how to apply for services, please visit http://www.bergen.edu/oss.

Note: Those who have completed the OSS paperwork and received accommodations during previous semesters might not be automatically eligible in subsequent semesters in every case.