Health Professions Integrated Teaching Center Up and Running

BERGEN COMMUNITY COLLEGE STUDENT NEWSPAPER
IGNITING STUDENTS TO MAKE A DIFFERENCE
SEPTEMBER 2016
TORCHBCC.COM

Bergen Community College’s newest building, the Health Professions Integrated Teaching Center, is finally up and running. It is the newest building on campus and was inaugurated on May 17, 2016. The building opened up to the public during a ribbon cutting ceremony held at 9:30 a.m. on May 17, 2016. After the ribbon was cut and the building officially opened, anyone could enter the building for a tour and refreshments.

The project itself is quite the story; it cost a total of $25.5 million and is a part of the Building Our Future Bond Act, which was introduced in 2012 by an overwhelming approval by voters despite controversy. The act authorized the issuance of $750 million in general obligation bonds to finance higher education capital projects for the increasing of academic capacity and financed the majority of the project, $12.75 million to be exact.

“Our dream was to have an integrated teaching center, to have a place where all of our students, where each of the programs has their own specialty,” said Susan Banard, Dean of Health Professions. “But the reality is successful outcomes for patient care involve collaborative partnerships, teamwork in order to be able to care for patients. That was our dream. About six months later in February, we received a call that the gold bond was going to become available. The gold bond was a state project, and we put together a proposal for the board to approve on a new health professions integrated teaching center.

The building itself is 63,000 square feet. When you enter into the building from the Parking Lot B entrance, immediately to your right is the Dental Hygiene Clinic. Here students can take a grand total of 600 hours of clinical instruction. Believe it or not, students can actually provide low cost healthcare to anyone in the Bergen Community.

Immediately when you enter the clinic, is a waiting room, which has comfortable seats, a television, and anything you’d expect from an actual dental waiting room. The area totals 18 rooms and the clinic itself totals four. To the left when you walk into the clinic from the waiting room are the locker rooms. On the same floor you’ll find seven classrooms/laboratories in dental hygiene, radiography, health professions, and diagnostic medical.

“Simulation is not only about the robotic manikin, it’s about a teaching experience it can bring to students, staff, and Bergen Community College as a whole. The building to the test to see what learning experiences it can bring to students, staff, and Bergen Community College as a whole.”

Walking out of the elevator to the second floor is a lounge for students and staff. Around the same area is a total of 13 offices, including the Nursing Program Office. On the same floor lies the copy room, the Surgical Technology room, and a total of 14 classrooms/laboratories focusing on phlebotomy, nursing skills, medical office assistance, respiratory care, and surgical technology.

On the top floor, the third floor, you’ll find eleven offices, including the office for the entire Health Professions Division. In this office lies a conference room and the Academic Department Chair. There is also a kitchenette and a total of 10 classrooms. The highlight of the floor however, is a Simulation Center where students may simulate on manikins while others monitor them from the control room.

“Simulation is not only about the robotic manikin, it’s about a teaching style,” said Barnard. “It’s about giving students the opportunity to learn difficult skills, critical skills, emergency skills in a very controlled environment. You can have the student make mistakes on a manikin that you don’t want to happen in real life. So by teaching those skill sets again and again and again, students become more proficient, they become stronger in their community based clinic as part of our teaching since the beginning of the program,” said Barnard. “It was always on the third floor on the east side of the building S327. It was always difficult for our patients to get to and find. So when we moved to the new building, we knew it had to be front and center to be able to accommodate those patients and to accommodate the community at large.”

Weekend College at the Meadowlands

As students, we know more than anyone that our schedules can be pretty hectic. Work and school schedules may conflict with each other and it might seem even harder to earn a degree. Well now there’s another option out there that might make some lives a little easier. A new degree program called “Weekend College at the Meadowlands” is being launched at Bergen Community College this fall. This program makes it possible for students to complete an associate of science degree program in two years by taking classes at the Meadowlands campus on Saturdays and Sundays, and taking a portion online. So how does this work? Students are to be enrolled in a total of five classes - four of which are to be in-person on Saturdays and Sundays, the 10th, will take place online over the length of the 12 or 15-week Health in-person class will meet six times throughout the semester. Three times will be on Saturdays and three times will be on Sundays from 9 a.m. to 3:30 p.m. The in-person classes are also partially online making them "hybrid" classes. Students will receive a one-week break between the four in-person classes.

"Increasing access to higher education remains a hallmark of community colleges,” Bergen President B. Kaye Walter, Ph.D., said. “Institutions must acknowledge the changing needs of their diverse student populations and that our students’ lives demand options and flexibility. With students working multiple jobs and managing familial responsibilities, learning can no longer occur in a vacuum, Monday through Friday, 9 a.m. to 5 p.m. As the access point for education, community colleges have a responsibility to accommodate these needs.”

“When registering for the classes, choose the location “Meadowlands” and then choose the sections ending in the suffix WC.

Example schedule (as shown on the Bergen website):

* IST-123 – Sept. 10, 11, 17, 18, 24 and 25 (in-person/hybrid)
* BJO-130 – Oct. 8, 9, 15, 16, 22 and 23 (in-person/hybrid)
* MAT-130 – Nov. 6, 12, 13, 19 and 20 (in-person/hybrid)
* WRT-101 – Dec. 3, 4, 10, 11, 17 and 18 (in-person/hybrid)
* IST-125 – Sept. 1 through Dec. 18 (online)

Designated advisers are available at the Meadowlands campus for support and guidance.
BCC Students Respond to Online Orientation

ADRIANNA CARABALLO
NEWS EDITOR

This year Bergen Community College is trying a different method of educating incoming students on the ways of the college. A new online orientation program has been created, replacing the old in-person orientation. The online orientation is made up of six main parts which include Welcome, Basics, Life and Conduct, Success, Safety and Conduct, and Lasty Next Steps. The orientation begins with a video made by the president of the school, B. Kaye Walter, and some inviting words.

“At Bergen, we are committed to your success. We support you in reaping the rewards of your efforts in teaching and learning with services that help you to do your best work,” said President Walter in her welcome video.

It is followed by a series of short videos narrated by students at Bergen written information, and even quizzes on the information obtained in each section. At the end of the orientation there is one last quiz to wrap it all up. The videos from all the sections combined totaled about 10 minutes of run time. The question surfaces as awkward. “Concepcion said. However not everyone was thrilled about the new online orientation replacing the old one. “It was awkward and it seemed like a cringe 80’s sitcom,” new student, Jose De La Jolla一股 new student, Jose De Concepcion said. When asked if it should have been in person or online he agreed with having it in person. “It wouldn’t be so awkward,” the people who are [on] camera were awkward,” Concepcion said.

But the icing on the cake for him were the various quizzes inside of the online orientation. “I didn’t enjoy being quizzed on it... It is a mean it’s fine, it’s helped. It’s not like it counted for anything.”

End to the Colombian Civil War

There is much controversy regarding the peace agreement by both wing nationalism, and utilized guerrilla the right-wing and left-wing parties. It is warfare to aggressively extort, kidnap, unknown on how stable this agreement ransom, and distribute drugs in order is and what it holds for the future for to fund itself into one of the wealthiest terrorist groups in the world. The same effect as it did in 1986, when Peace talks between the FARC and the Colombian president Belisario Betancur began as early as 1982. The FARC, had its leaders targeted by right-wing forces in the army and drug rivals, and several thousands disappeared or were assassinated. A large coalition including avid speakers led by former President Alvaro Uribe argue that such an agreement would allow the members who are responsible for heinous crimes such as kidnapping, car bombing, recruitment of child soldiers, extortion, drug dealing, rape, and murder to not serve any jail time and even leave them eligible for election to public office.

While many fear the rise of a political leftist stronghold may overcome the leftist stronghold may overcome the right. In the February 2002, the FARC kidnapped presidential candidate Ingrid Betancourt. The country. It is too early to know what the outcome of the peace agreement may be aggressive against the guerrillas, disappearances and scars from the Colombian Civil War are wounds that have not been easily healed.

President Juan Manuel Santos and FARC commander Rodrigo “Timochenko” Londono were accompanied by the Cuban president Raul Castro and U.N. secretary general Ban Ki-moon. The FARC, revolutionary forces of Colombia, are a guerrilla movement that emerged in 1964 as a result of the Colombian armed conflict known as “La Violencia”, translating to “the violence”. The armed group promoted ideology from revolutionary socialism, left-wing nationalism, and utilized guerrilla the right-wing and left-wing parties. It is warfare to aggressively extort, kidnap, unknown on how stable this agreement ransom, and distribute drugs in order is and what it holds for the future for to fund itself into one of the wealthiest terrorist groups in the world. The same effect as it did in 1986, when Peace talks between the FARC and the Colombian president Belisario Betancur began as early as 1982. The FARC, had its leaders targeted by right-wing forces in the army and drug rivals, and several thousands disappeared or were assassinated. A large coalition including avid speakers led by former President Alvaro Uribe argue that such an agreement would allow the members who are responsible for heinous crimes such as kidnapping, car bombing, recruitment of child soldiers, extortion, drug dealing, rape, and murder to not serve any jail time and even leave them eligible for election to public office.

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Senate Votes, Women Must Register For The Draft

JOSEPH CIRILO

Following the decision to fully-integrate women into the military by opening all combat roles previously restricted—including special forces—the Senate voted, for the first time in history, to require women to register for the draft.

Under the Senate bill, women turning 18 on or after January 1, 2018, will be required to register for Selective Service; failing to do so may result in the loss of federal student aid including the Pell Grant. Those women who turn, or are turning, 18 before January 1, 2018 will not be affected.

"It’s my personal view," Gen. Robert B. Neller, the commandant of the Marine Corps, told the Senate Armed Services Committee in February, "that with the complete lifting of the ban on women in combat roles, ‘every American who’s physically qualified should register for the draft.”

The U.S. has not seen a draft since the end of the Vietnam War in 1973, but the continued registration for Selected Service represents a commitment to the country’s defense and a willingness to respond to any disaster at home or abroad should the government call upon its forces to do so.

However, since 1973, the US has also moved away from being an entirely-volunteer and conscripted military force, to one steeped in a professional atmosphere. Many young men and women spend their lives with the Army, Navy, Marine Corps, Air Force and Coast Guard in more roles than just front-line combat positions. It is therefore unlikely that another draft would take place in our lifetime.

After voting against the bill Senator Ted Cruz (R, TX) said in a prepared statement: "I could not in good conscience vote to draft our daughters into ranks could move forward and future male recruits in combat roles in combat would find leadership and camaraderie in a culture that has been dominated by men since the beginning of organized warfare.

Brexit Question Future UK/EU Relations

LAWRENCE FRANK

The British exit from the European Union, otherwise known as “Brexit” was confirmed after the vote came in on June 23, 2016. Fifty-two percent of the United Kingdom voted Leave while 48 percent voted to stay. A majority of voters in North Ireland and Scotland had elected to stay in the EU. This raises some concerns for the U.K. because there’s already talk of them leaving the U.K. to stay in the EU.

The Prime minister of the U.K. must choose when to use article 50 of the Lisbon treaty, which is the right to leave the union and discuss affairs for post-separation and then if effective two years after that, the U.K. will not be in the European Union. The U.K. has years of agreements within the EU that have to be undone and replaced. Experts say they won’t be legitimate out of the EU until 2018.

This means that the U.K. will no longer be a part of the EU and won’t receive any benefits from it, but they will also no longer be forced to give aid. Those that voted for the leave felt the EU was becoming a weight on the country. In addition, they felt like the EU was becoming a super state and wanted no part in that.

At first, when the vote to leave was passed, public opinion seemed to be that things were becoming chaotic. The British market crashed; according to USA today the British pound fell 11 percent, the lowest it’s been in 31 years. Although after a few days things kept on as normal. According to the Sunday Express as of July 22, The Bank of England admitted it saw ‘no evidence’ of a sharp economic slowdown and the pound gained in strength as a result.

What really gives U.K. and EU citizens cause to worry is transportation and residency. Many have jobs in different countries or at least dealing with different countries. Before, those countries would have open borders to do their work freely. Now it’s hard to tell without knowing what the negotiations will lead to. EU residents living in the U.K. and vice versa have to worry about if their countries will let them stay.

Even though the U.K. is looking to leave the EU for a while. This also affects the U.S.; we used Britain as our main liaison for the rest of the EU. Other countries such as Greece and the Netherlands have been looking to leave the EU for a while. This could potentially cause a domino effect across Europe. If that happens, international affairs and even our own economy may suffer.
An immigration plan with the capability of shielding up to five million undocumented immigrants from deportation was blocked on June 23 by a Supreme Court ruling. In the United States v. Texas, No. 15-674 case, a coalition of 26 states, led by Texas, brought the challenge to the Obama administration that the highest court of the United States opposed the plan for your destination. There are three types of scholarship opportunities: The Benjamin A. Goodman International Scholarship Program, Boren Awards for International Study, and Critical Language Scholarship Program for Intensive Summer Language Institutes. The Benjamin A. Goodman International Scholarship Program is aimed towards undergraduates with financial troubles and students with disabilities, a diverse ethnic background or studied in a field that is not very popular such as: engineering and sciences. Services will be provided for any type of institution in all 50 States, including Puerto Rico and Washington DC. This program is not only your ordinary scholarship program, they will send you to non-traditional locations such as: Western Europe, Australia, and New Zealand.

Financial awards are given to recipients who are chosen by a competitive selection process and is to be used to cover the cost of program tuition, room and board, books, transportation, insurance, and international airfare. The deadlines are January 15th for Summer and Fall programs and September 15th for the Spring program for this scholarship. Boren Scholarships provided $20,000 to U.S. undergraduates to Study Abroad in areas that are uncommon and important to the interests of U.S. citizens. They include: Africa, Asia, Latin America, Middle East, Europe, Central and Eastern America, and Eurasia. Boren Scholars has represented various academic backgrounds and have offerings: Kingston University, Australia, and New Zealand.

The deadline for these scholarships are also January 15. The Language Program for Intensive Summer Language Institutes has partnered with United States Department of State, Bureau of Educational and Cultural Affairs and Critical Language Scholarship will offer courses in foreign language that will be enforced for students overseas. The deadline is November 15. To apply, deadline is November 15.

An immigration plan with the capability of shielding up to five million undocumented immigrants from deportation was blocked on June 23 by a Supreme Court ruling. In the United States v. Texas, No. 15-674 case, a coalition of 26 states, led by Texas, challenged the Obama administration on whether or not they were entitled to shield unauthorized immigrants and permit them to work. The Supreme Court ruled on a four-to-four tie.

The crowds of protesters at the steps of the Supreme Court were left in the wake of the recent ruling of the Supreme Court ruling. Many Hispanics would have benefited from the approval of the case and would have been able to remain in the United States opposed to being deported. It has been under the Obama Administration that the highest amount of immigrant deportations has occurred.

The death of Justice Antonin Scalia has affected many of the Supreme Court decisions. There was much speculation on which side the Justices’ favor. The battle, without the ninth justice, no true action could be decided upon.

To make matters more difficult, the Republican party refuses to comply with the President Obama nomination for Merrick B. Garland. The Republican party has obstructed every attempt for President Obama’s nominee. A petition for a rehearing of the United States v. Texas, has been filed, and may be revisited in the future.
The Summer Intensive Program: Aim to Change

Shots and Giggles

GEORGE R. GUERRA

Eveer since Orlando, I’ve been thinking a lot about shootings and the national consciousness, and it perplexes me as to why gun ownership is still a well-respected American pastime, paired alongside baseball, drinking beer, and institutional racism.

There’s a sort of primal appeal to firearms for a lot of Americans, myself included (much to my chagrin). They’re outstanding equalizers. If I need to fend off an attacker it doesn’t matter if the attacker is 6-foot-10-inch man and 450 pounds, if I pull out a gun he’s got two options; get lost, or get dead, and I’d be lying if I said there wasn’t a part of me that felt powerful just at the thought of that. The truth of the matter (and whether it’s the fortunate or unfortunate truth is in the eye of the beholder) is that it’s extremely unlikely that I will have to fend off an attacker of that size. There’s no reason for me to have a tool specifically designed to kill people brutally and efficiently if it makes the streets more dangerous, no matter how many hypothetical attackers I think I may have to fend off in the name of “home-defense.” No matter how prepared I want to be for the zombie apocalypse, or how badly I want to go deer hunting with an AK-47, there’s no logical reason for the government to allow me to keep my gun because while crime is at a thirty year low, gun violence is still very real.

So if you want to have your guns, I only ask one thing of you out of respect to the seven children and 83 children who die every day because of gun violence, and that’s that you admit that the only reason you want it is because it’s a fun toy to have, and it makes you feel powerful. I could respect that level of honesty. Don’t hide behind a gross misinterpretation of the second amendment, and tout your “constitutional liberties,” because this nation wasn’t built on M1911s and M-16s. When the Bill of Rights was written, the best gun available could be reloading after every shot in as low as 15 seconds by an expert marksmen, and if they were lucky they’d be accurate enough to hit the broadside of a barn at 50 yards. You’re not a well-regulated militia, you’re someone who wants to have fun at a range, and all I ask is that you’re honest about that. As for the argument that civilians need to be armed in the event of a military coup, I ask: do you honestly think you can defeat the U.S. military with an assault rifle? If you do, you’re delusional and you’ll be predator heroned into oblivion along with everyone else should that day come.

It’s a free country, but it’s also one that abides by a social contract that we agree to surrender certain liberties for the collective good of the nation. It’s a free country, and its people should be able to enjoy that freedom without the fear of getting shot, and if you think that you should be entitled to have a gun anyway, I’ll only respect you if you admit that it’s just for the shots and giggles.

Should Parents Take the Rap for their Children?

INESS RABAH

According to the FBI and the National Center for Missing & Exploited Children, a child goes missing every 40 seconds in the U.S. We all have been or know someone who got separated from their parents in a busy place such as a shopping mall, airport or even a supermarket. Looking away for as little as a few seconds could cause parents to completely lose track of their children, and go into a panic. To impose that every single one of these parents should be charged with child endangerment is ludicrous.

By now most of us have heard the news about the four-year-old boy that fell into a gorilla enclosure at Cincinnati Zoo which resulted in the forced killing of Harambe the silverback gorilla. This was one of the most controversial occurrences of the summer. Widespread debate swept the country concerning whether the zookeepers made the right decision in killing the animal, if wild animals should even be kept in captivity, and most questionably, if the mother, Michelle Gregg, should be held accountable for what the child has done. This leads to an even bigger question of whether parents in general should be held accountable for the actions of their children.

Accidents happen, children are curious by nature and unpredictable. Anyone who doesn’t think that a four-year old child can wander off very quickly doesn’t know one. Had the mother been blatantly negligent and just ignoring all responsibilities as a parent to supervise her children, I would say yes, charge her with criminal negligence. However, several witness accounts have backed up that the mother had been taking care of other children as well, and had repeatedly told her son that he could not go into the gorilla habitat. She then looked away for only a few seconds before the child had already fallen in. That doesn’t sound like a recipe for negligence. In a Facebook post Gregg wrote, “As a society we are quick to judge how a parent could take their eyes off of their child and if anyone knows me I keep a tight watch on my kids. Accidents happen but I am thankful that the right people were in the right place today.”

My current job, which is solely to supervising children at Smaland, the child drop-off at Ikea, has taught me that it is impossible to prevent every situation where a child can get hurt, whether they trip and fall or hurt other children. Does that make me and all who work in my department careless? If a kid jumps on top of another in the ball pit, should we be fired for not predicting what would happen and slow down time to grab the child mid-air? That being said, it is the parent’s obligation to do their best to teach their children right from wrong, and take extra precautions to make sure the child is safe. If a child is in the front seat of a car without their seatbelt on, the child doesn’t get ticketed. The parent does, and rightfully so. I’ve seen many parents put their kids in shopping carts and go up escalators at an obtuse angle. If anyone were to get hurt in that situation, the blame would be placed on the parents because they blatantly disregarded the sign that says no shopping carts are allowed on the escalators, and then of course they’d attempt to sue the store they were in.

Nobody wishes to put their loved ones in danger on purpose, but it does happen. Every situation is different. There’s no mistake/accident and careless negligent parenting. The best way to figure out if someone should be at fault is to put yourself in their situation. We are only human, but we may also be partially or fully responsible for the lives of other humans. Determine the risks and take necessary precautions to protect them.
On behalf of The Torch, welcome back! We look forward to a promising semester filled with educational and personal discovery. That’s what college is all about, after all. This semester you may notice something unusual about the paper in that we are operating with two Co-Editors-in-Chief. This is due to the resignation of our previous Editor-in-Chief, Noura Dakka, due to medical issues that required her to remain in Lebanon for treatment. She is deeply missed and we all hope for her speedy recovery.

After much deliberation the Torch Editorial Board agreed that the best way to run things in her absence would be for our Co-Editor, George Guerra, and Torch veteran and Photo Editor, Iness Rabah, to take the reins. We fully intend to uphold the Torch’s tradition of journalistic excellence.

In that respect, The Torch is striving for yet another semester in which we stand for “Truth, No Matter the Cost,” and in that regard we fully intend to exercise our First Amendment rights to bring our readers the stories that matter to the college community, and do so with the knowledge that we are bound by the same legal and ethical restrictions as any news organization.

The Torch is the only independent news organization that documents ongoing happenings concerning the college. It is our mission to cover all aspects of those happenings, from speakers, events, sports, and stories that are relevant to our readers, as well as reporting on the college’s operations and governance. We do not shirk from covering controversial issues, and strive to report on them in way that is balanced, unbiased, and comprehensive. As the leaders of The Torch’s editorial team we invite our readers to contribute to this mission by offering opinion pieces, letters to the editor, or suggesting fixes if they spot any factual errors.

This is a duty that we take very seriously, and one that we will not allow to be infringed upon. That is our promise to you, our readers. Whatever the future may have in store, a new generation of Torch writers is ready with their recorders and notepads to record it truthfully and accurately, and we could not be more proud to be a part of that history.
Lights, Camera, Action!

ALYSSA BLUNDO
STAFF WRITER

Since October 1st 2011, Studio Bergen has featured BCC’s biggest news, stories, and accomplishments for five seasons. It is a part of the College’s logical progression of distributing information. Forty years ago, a printed newsletter would have been okay for reporting the good work of students, faculty, staff, and Bergen as a whole. However as broadcast communication expanded, so has the media used for reporting and news production. That is why the College used a multi-pronged strategy to report its news and information. The main idea is to take a central piece of data and repurposing it for many media outlets, such as printed newsletters, social media, and news releases. Studio Bergen has been presented in a 15 minute, top ten countdown format that has had Bergen’s biggest stories from the past previous months at the College.

Just last year, our Television Station was recognized as an National Council for Marketing Public Relations District 1 Medallion Award winner. This honors the show as one of the best TV programs that have aired on platforms such as YouTube, FaceBook, Twitter, Channel 26 (Verizon FIOS, cable TV), and Inside Studio Bergen, a companion piece that is sent via e-mail to all students, faculty, and community at large with an opportunity to find out what’s going on at the state’s number one college for associate degree graduates in a video format that is available on social media, YouTube, and local television.

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Each month, Studio Bergen has distributed its media through several channels, it is primarily found on channel 26 on Verizon FIOS, but can also be watched on platforms such as YouTube, FaceBook, Twitter. Channel 26 (Verizon Fios, cable TV), and Inside Studio Bergen, a companion piece that is sent via e-mail to all students, faculty, and staff. Season 6 will air this fall.

Studio Bergen’s dedicated team of professionals, who have been working on this project each month. This show collaborated with the Office of Public Relations and the Office of Media Technologies.

When asked about why this is important to Bergen, Larry Hlavenka Jr, Managing Director of Public Relations Creative Services said, “It’s no secret that video represents one of the most popular media sources for news and information, look at the explosion of YouTube, Vine and the rest. Studio Bergen presents students, faculty, staff, and community at large with an opportunity to find out what’s going on at the state’s number one college for associate degree graduates in a video format that is available on social media, YouTube, and local television.”

Studio Bergen is entering their sixth season.

Tristan Anderson Recognized for Civic Service

ADAM GRASSANI
FEATURES EDITOR

Bergen Community College student Tristan Anderson has written himself into the books. The Teaneck resident was named a Newman Civic Fellow for 2016 by Campus Compact, a national coalition of 1,100 colleges and universities dedicated to campus-based civic engagement. He is one of 218 to be named a Fellow, including former Bergen students Derick Diaz, and Margarita Valdez.

“It feels pretty good,” Anderson said. “But honestly, I recognize there are many other students who continue to do the same things that I do everyday. So I appreciate the honor but I also recognize that there are students there who are putting the same work that I am. So I’m going to continue doing more community service and volunteering as much as I can.”

Anderson was recognized by Campus Compact for accumulating over 500 hours of community service with Heroes and Cool Kids, BCC’s own anti-bullying, non profit, rotary club. Anderson was picked as one of the students to join the program from one of his school principals at Teaneck High School. An advisor comes in and talks to members of the club about different ways that they plan to speak, motivate and inspire middle school students, making sure that they don’t bully, have good sportsmanship, and don’t do drugs or drink.

“With Heroes and Cool Kids, it was actually a fun program. It’s so fun just being there, seeing them being there because they’re excited to see the big teenagers coming in.” Anderson said. “It’s very special to me because it shows me that what I’m doing makes a difference. And the fact that so many other people are proud of me, the people at this school, my family, my friends, are so proud of this achievement. It makes me feel good knowing that I’m making people proud, just by being willing to help others. It’s always an honor to know that people appreciate the things that you do.”

Tristen’s craft doesn’t end there; he is still motivated to continue doing more. Along with his work at Heroes and Cool Kids, he also participates with various other College associations, such as the Student Government Associations Executive Board, the Black Student Union, Phi Theta Kappa Honor Society, and the Judith K. Winn School of Honors.

“I’m just motivated to continue doing more. Even if I don’t get recognized, that’s not the point. As long as I’m making a difference towards my community and helping others then I’m good.”

Anderson continuously strives for excellence/Genesis Fuentes
We Need A Hero

It seems that no matter where you go, you can’t escape the tidal wave of superhero movies these days. Currently, Marvel already has release dates for the next nine feature films in their cinematic universe. DC continues its attempt to draft behind Marvel and produce their own blockbusters. However, they are consistently met with mixed reception.

Why now? Watching superhero cartoons as a child, and having those same characters grow and evolve with us is a unique experience bestowed upon this generation of young adults. The best way to explain it is through analysis of those key demographics. Most of the studio executives who agree to greenlight these films grew up on comic books; there’s an element of nostalgia that renders these people slaves to the hope that their beloved childhood icons will explode onto the silver screen in spectacular fashion and be universally beloved.

More than that, characters that were once regarded as one-dimensional and bland are now being infused with new pathos and relatability. There was a time when Iron Man was a hero by virtue of having a lot of money and a fancy flying suit of armor. Now Tony Stark is an alcoholic who, despite his natural charisma, is plagued by self-doubt. Stark used to be a caricature, but now he’s a person (albeit a fictional one). His personal demons do not diminish his heroism, but instead add to it, and promote the idea that heroes are in fact, people like you and I. Likewise, on the surface, Batman is virtually unrelatable, unless of course you happen to be a brilliant billionaire orphan who’s mastered every conceivable form of combat and has a contingency plan for every imaginable disaster. Yet, Batman remains compelling and thanks for that can be given to three outstanding films by Christopher Nolan; films that also allowed the character to remain realistic to some extent.

That same realism is what’s driving this renaissance of comic book lore. The idea that these characters are so human that it’s like we know them. They’re like old friends, and we take an interest in their lives, and are concerned for their well-being. The fact that they happen to have larger-than-life professions admittedly appeals to the action junkie in all of us, but it also takes a backdrop to our interest in these characters’ worlds and the way they interconnect with one another. Part of Marvel’s genius was ensuring that these films would exist in a connected universe. It makes it one world, and one rath lorr to explore and discover, and there is a corner of that universe for all of us, and if there isn’t you can bet that it’s on its way.

We live in times in which it’s become more and more difficult to differentiate between the obvious good and the obvious evil, and more often than not the world exists in one of the infinite shades of grey. Sometimes people want to just go and shut their brains off for a while and watch the good guy beat up the bad guy, get the girl and save the day. “If a skinny kid from Brooklyn can be Captain America, why can’t I?” However, as these films and plotlines evolve, the lines are blurred and the stories become more human, and our heroes become more and more real, as evidenced by the outstanding reception of Captain America: Civil War and the development of the subsequent mixed reception of Batman v. Superman: Dawn of Justice.

It, in a way, contributes to the capacity of these films to appeal to the part of us that’s looking for wish fulfillment. Captain America is just a kid from Brooklyn, Superman is just a kid from Kansas, and we’re all just a kid from somewhere. We’re kids looking for that moment when destiny demands something more of us. When destiny demands something greater. We wait for our time in the sun and our time to walk in worlds others can barely imagine. In the meantime we watch our heroes’ stories unfold. More than the stories of great unrelatable figures, they’re stories about people. They’re stories about our friends. They’re stories about the “us” that we are and, more importantly, the “us” that we wish we could be.
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The Summer Intensive Program: Aim to Change

LASHAY JONES
CONTRIBUTING WRITER

“High school and college are the exact same thing,” said no one ever. Many times, when a student is transitioning from high school to college, it can be a very scary ride; it is after all their first time opening their eyes to the real world. It often comes as a shock to students how hard college can get compared to the past four years spent in high school. What if you were told that there is a program that helps incoming freshmen with that rocky transition? That program here at Bergen Community College is called the Summer Intensive Program. The Summer Intensive Program is a seven-week summer program that has been growing in popularity since 2013. The program helps new college students learn some of the fundamentals of college life, also helping them to get to know more about themselves along the way.

Those who get accepted into the program get the opportunity to take the IST Success course that is mandatory for all freshmen, for free. This is one of the many unique advantages that the program has to offer.

Students are given the opportunity to meet with many people who play huge rolls around campus. This year students have met a variety of staff on campus, from the Executive Assistant to the President Dr. Ursula Daniels, to the Coordinator of Student Development Greg Fenkart.

Many of the Summer Intensive students believe that the program opened up doors that will give them opportunities that many students do not get. "I know that I have an advantage over my friends who did not join the program because I have built relationships with staff, and I know my way around campus," 2016 Summer Intensive student, Andrew Garcia said.

During the seven-week period, students learn the art of "Divining Deep" and find the true meanings of their passions. Through a strengths-based curriculum, students find their top five strengths and learn how to utilize them in college and in life.

The director of the Summer Intensive Program, Dr. Damieny Davis, has a passion for this program that many of the students and staff admire. It is clear that Dr. Davis wants all of his students to take the lessons that he has learned and apply them to their dreams.

The Summer Intensive Program gives first-year students many unique opportunities, skills, and connections that is meant to help them succeed throughout their college career, and even throughout life.

This program has opened up many doors for their students, now it is up to them to walk through those doors.

The Life of Muhammad Ali

PURNASREE SAHA
CONTRIBUTING WRITER

The death of Muhammad Ali on June 3rd 2016, saddened millions of admirers around the world. The heavyweight boxing champion was 74 years old and according to a spokesperson, died of respiratory complications. Ali’s diverse background and many victories in the ring led him to become the most famous professional boxer in history, and one of the biggest celebrity activists of all time. He was born on January 17, 1942 in Louisville, Kentucky and was named after his father, Cassius Marcellus Clay, Sr.

Ali started boxing at age 12 with the help of Joe Martin, a police officer who readily gave the young boy lessons. As Ali practiced, Martin saw his talent; so he featured Ali on the local television show “Tomorrow’s Champions.” Another trainer, Fred Stoner, went on to teach Ali the science of boxing. This is how the young boxer gained the ability to move with grace and the ease of a dancer.

Although there was conflict with Ali’s education, he still kept up with his training and kept improving steadily. When he was just a teenager, he won the national Amateur Athletic Union and Golden Gloves championships, and at the age of 18, he went to Rome, Italy, to take part in the 1960 Olympic games. He came home with the gold medal in the light-heavyweight division.

As Ali continued to punch through a series of professional victories, he perfected his combination of power and speed. As his famous quote went: He maintained the ability “to float like a butterfly and sting like a bee,” which is how one of his handlers described his methods, and of course would go on to be one of his most iconic quotes.

Next, Ali was given a chance to fight for the world heavyweight boxing championship. At age 22, on February 1964, Ali defeated Sonny Liston in the world championship. Then on March 29, 1966, Ali challenged World Boxing Association champion Ernie Terrell in Toronto. At the last minute, Terrell backed out and George Chuvalo took his position. Ali won a 15-round decision against him. Later that year, Ali came back to U.S. to fight Cleveland “Big Cat” Williams in the Houston Astrodome, and defeated the weakened contender in just three rounds.

After more marquee victories in 1967, Ali aligned himself with the Nation of Islam, which led him to become a lightning rod of controversy. This is when he became heavily involved in the American civil rights movement as well. His professional boxing career soon slumped, and he was also sentenced to prison for five years after being convicted for refusing to be drafted into the army. He fought to appeal his conviction over the course of those years of exile from the ring.

During the Vietnam years, Ali gave many speeches at rallies on college campuses in opposition to the war. This helped him win back support and once again cast him back into the public spotlight. He picked up his gloves again in 1970, and was able to get a boxing license with the support from a state senator. His first fight back was against Oscar Bonavena at Madison Square Garden, which went to the 15th round. Still undefeated, he took on Joe Frazier on March 8, 1971, in Madison Square Garden—an event billed as “The Fight of the Century.” Frazier dealt Ali the first loss of his boxing career that helped him to find his left hook. Two years later, Ali suffered a broken jaw after dropping a fight against Ken Norton. In 1974, Ali fought against champion George Foreman in Zaire, Congo to give the African nation an economic boost. In the African heat, Ali proved victorious, and he emerged the victor after eight rounds.

In the early 1980s, Ali began to show signs of Parkinson’s disease. His doctors debated over whether these symptoms were caused by boxing or whether they were degenerative. The doctors then diagnosed the champion with Pugilistic Parkinson’s syndrome. Decades later, Ali remained an active and beloved public figure, traveling the world even while suffering from the debilitating disease. He won many accolades outside of the ring during this time: the Spirit of America award, the “Kentucky Athlete of the Century,” the Presidential Medal of Freedom, and the “Otto Hahn peace medal.”

Even Hollywood tried but couldn’t tackle the great Ali. When Will Smith was chosen to play him in a biographical film, Ali said to the actor, “You ain’t pretty enough to play me.” In his hometown of Louisville, the boxer opened a $60 million non-profit center during his 199th wedding anniversary in 2005. The center focused on Ali’s memory of boxing, along with the core themes of peace, social responsibility, respect, and personal growth. It furthered his post-retirement efforts to visit poverty-stricken areas and support promote adoption, and encourage people to respect and better understand one another.
The game was created with the intention of getting others to get out and be active. This is not the first time Niantic has tried to encourage exploration and exercise; they have tried it before with their apps Ingress and Field Trip which were designed in a similar way to Pokémon Go.

“Pokémon Go was the best idea ever! It’s almost as if Pokémon are real,” BCC student Jason Callaghan stated.

So those little monsters give people the inactive to go out and hunt them, making them feel like they are real and that they are real Pokémon trainer. This especially applies to those who have a nostalgia for Pokémon, those that grew up with the 20 year franchise finally get to experience them on a different forum while being active at the same time.

“It’s a great way for people to get outside and get exercise instead of playing Pokémon on their DS; also the game is really easy to get into as well,” said Callaghan.

If it’s as simple as get up and go, no wonder this game appeals to those that don’t know what Pokémon is as well as die hard Pokémon fans. Although not everyone is thrilled about the Pokémon Go craze, NYPD commissioner Bill Bratton has openly opposed the game.

“I haven’t the faintest interest in that stupid craze,” Bratton said according to ABC 7’s Eyewitness News. “They put themselves also at risk of accidents etc.”

It’s true people have gotten in car accidents, have been robbed and even have been arrested while playing but that shouldn’t discourage others from enjoying the game. Like anything else it should be used in moderation. Always pay attention to your surroundings when playing the game, something that is even stated in the loading screen of the game warning players.

Never go into a dangerous area to catch a Pokémon or risk your life for it. Regarding the car crashes, have been robbed and even have been arrested while playing but that shouldn’t discourage others from enjoying the game. Like anything else it should be used in moderation. Always pay attention to your surroundings when playing the game, something that is even stated in the loading screen of the game warning players.

The movie depicts an evening at a gay club in London’s East End. //Filmlinc

Summary of Derek Jarman’s Unseen Footage: “Will You Dance With Me?”

FERNANDO VAZQUEZ

After the British Director Derek Jarman died 20 years ago due to complications from AIDS, he left a wonderful retrospective of films that are considered “cult classics.” Never released footage from “Will You Dance With Me?” produced by Ron Peck will give you Jarman’s point of view and a different perspective of how the “club life” used to be thirty years ago before the birth of rave parties, lounges, and the nightlife.

Taken place in the Thatcherism Britain era and sadly, the discovery and public concern of the deadly virus AIDS/HIV, Jarman spent an evening documenting the scene at Benji’s, a former gay club in London’s East End district. Movie producer and friend of Jarman, Ron Peck gave company on that evening at Benji’s, in fact Jarman and Peck, were then scouting locations for Ron Peck’s film “Empire State”.

The wonderful perspective of the film, which turn out the highlights of a Sunday night, according to Peck. For more than thirty years into the shelves, Ron Peck decided “the VHS tapes” to be seen for the public, which the original VHS outtakes, takes about seven hours. In Peck’s production, it only took 78 minutes. The beauty of this wonderful documentary was so special; watching the film in the movie theater, without any credits mentioned, nor and respect the terms and conditions and you will be all set to go “catch them all.”

The World Goes Crazy for Pokémon Go

ADRIANNA CARABALLO

The game consists into this summary, “Will you stay” This wonderful documentary stated in one of his songs, “Let the Music care what sexual orientation or based of orientation, gender or race. “Will You Dance With Me?” gave another vision that doesn’t appear for the LGBT community, even for all people dance alone, socializing in the bar, senior citizens dancing to the dancing tunes of that time in 1984, a group of partners, ladies and gentlemen dancing. breakdancers robot dancing to Africa Bambaataa’s Planet Rock, with nothing to worry, just dancing. The film ends uniquely, with a guy dancing alone, which makes the film “the best dancing film” ever recorded according to Ron Peck.

Sadly, the terrible acts in Orlando’s night club Pulse, conflicted a scary situation for the LGBT community, even for all clubgoers, which didn’t matter what sexual orientation, gender or race. “Will You Dance With Me?” gave another vision that doesn’t care what sexual orientation or based of color. Dancing doesn’t discriminate or give boundaries. As the maestro Barry White stated in one of his songs, “Let the Music Play”, “I just wanna dance the night away here, right here, right here is where I’m gonna stay.” This wonderful documentary consists into this summary, “Will you dance with me?”
Looking for a Job on Campus? Try Work Study

WE all know how expensive college can get with all of the funds, tuition, and books that need to be paid for. This is why the government will do their best to aid students financially, whether it be through loans, grants, financial aid, or the federal work study program.

The work study program gives students the opportunity to gain employment on campus in order to help with college expenses such as transportation, books, etc. Federal work study is when a student works for money that is awarded to them by the government. Students who are eligible are given a set amount of money based on their need, and they can only access that money by getting an on-campus or, in some cases, off-campus job.

Finding a work study job is actually quite easy. One can find a job simply by checking for job postings at the Career Development Center and/or the Career and Transfer Center here at Bergen. Most departments post positions towards the middle of August.

Work study is a great opportunity seeing as many students find it more convenient working on campus. The program is meant to help students with the expenses that come with going to college, which of course comes with learning money management.

“Working on campus really taught me the value of the dollar bill,” BCC alumnus and former work study student Justin Anderson said. “Having to pay for books, the bus, and so much taught me to appreciate every penny that I earned.” This program brings students a great deal of experience that will be extremely useful when starting up their career and continuing on with their education.

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1). Tips for transportation: BCC NJ Transit Student Pass: If you’re a full time student and have a full week schedule and use the Public Transportation, register and save money with this 25 percent discount on https://portalapi.bergen.edu/NJTransit/ or if traveling by car, drive carefully and plan your trips as early as possible to avoid traffic and accidents.

2). Textbooks: If a professor asks you for a required textbook, renting textbooks saves students 33% to 55% compared to the price of buying new books. There are many websites that allow you to rent your textbooks instead of having to buy full-priced textbooks every semester. Amazon, Chegg, BookRenter, eCampus, and Textbooks.com are just a few of the many popular sites for discounted book rentals. If you end up having to buy a few textbooks it would be wise to sell them at the end of the semester. Investigate and compare prices while getting the best possible price from the highest paying vendor.

3). Take a wonderful trip to the college library, the Sidney Silverman Library, located in between the L and B wings of the 2nd floor. Ask the research desk staff who will be delighted to help you with your research, or provide assistance of any kind. Check out the computer labs, located in the main entrance of the library and two computer lab rooms; research centers, silent rooms, all of which are excellent places to study.

4). Save money: Bring your lunch, dinner, snack, and thermos with coffee, tea or your drink of choice. There are some wonderful options in the school cafeteria from Gourmet Dining Services in the College Cafeteria located on the second floor to the student center main entrance, where you can find Bergen Pizza for late night meals and a Dunkin Donuts for mornings.

5). Join wonderful clubs and programs for activities such as Math, Psychology, Anime, Video Games and much more! Use some free time, meet new people, it will make you more interested in the college and your courses. Stop by to the Student Activities Center to speak with the friendly representatives.

6). Essential tips: talk with your professors and college staff! Treat your class sessions as part of your life and the journey towards great success in the career of your choice. Since a staggering number of the school staff and professor’s care about the students. For instance, if you’re having a problem or need more ideas to solve and simplify rational expressions, don’t hesitate or be nervous in asking for your professor’s help after or before class. They will appreciate that you asked and think your choice. Since a staggering number of the school staff and professor’s care about the students. For instance, if you’re having a problem or need more ideas to solve and simplify rational expressions, don’t hesitate or be nervous in asking for your professor’s help after or before class. They will appreciate that you asked and think
School is back in session which means one of many things: fashion. From sweatpants, to jeans, to dresses, you will find the students here at Bergen Community College dressed in many different styles. Some students don’t want to be too flashy on their first day so they settle for simple jeans and nice shirt. Others have comfort at the top of their lists when dressing for a day of classes, choosing to wear a simple pair of sweatpants and converse. Then there are those who dress to impress with dresses, bow ties, and dress shirts. No matter what your style, many students have one common goal: to get their education.

Nyameke Smith
Major: Education
“When I pick out any outfit, I think bright colors.”

Eli Cross
Major: Computer Science
“I honestly feel like I have no one to impress. I am coming to class than going right back home.”

Divanny Paulino
Major: Sociology
“I don’t want to look like I’m trying too hard, but I also want to look cute.”

Tristan Anderson
Major: General Mathematics and Science
“When I go to class, I am representing more than myself.”

Alexa L. Gary
Major: Biology
“When I get dressed, comfort is my number one priority.”

Keenan Johnson
Major: Business
“I am always aiming to be comfortably fly.”

Photos taken by Genesis Fuentes
Before the beginning of the 2016 Major League Baseball season, Boston Red Sox Star, David Ortiz, formally known as “Big Papi,” announced he will be retiring at season’s end. Up until this point in the season, Ortiz has received a farewell tour, receiving gifts and tokens of appreciation from teams all over the league. Teams including the Red Sox biggest rivals, perhaps the biggest rivalry in all of sports, the New York Yankees, plan on honoring Ortiz before his final game at Yankee Stadium. Ortiz of course has been linked to steroids throughout his career, a topic in which, when discussed, he is adamant about not using any performance enhancing drugs, and claims that he does not know how he ever failed a test. In 2013, his name came up again on a list of potential users of PED’s, and again Ortiz declined all accusations and this seemed to be enough justification for Major League Baseball to not look further into the possible usage.

While David Ortiz is being honored by teams around the Majors, his counterpart Alex Rodriguez, New York Yankees DH/3B and with his resume could be considered one of the greatest players to ever dawn a Major League Baseball jersey, has in a way been forced out. It has been a season of unfamiliarity for the Yankees. They have hoovered around a 500 winning percentage throughout the season due to the deflategate scandal. This mediocrity has been somewhat of a trend since 2013, as the Yankees have failed to win a playoff game since then. General Manager of the Yankees Brian Cashman noticed this downward trend and after convinving owner Hal Steinbrenner, that something the Yankees have not done since 1989, and that is to trade star players, all while building for the future. The Yankees traded all star closers Aroldis Chapman and Andrew Miller, as well as their best hitter Carlos Beltran for a bevy of young prospects with potential. This youth movement came at the perfect time as the Yankees Brian Cashman noticed this downward trend and not only did it affect those who were traded, but it had a large effect on Alex Rodriguez as well. As the 2016 season wound down on August 13, the Red Sox, the team that once traded him from the New York Yankees, he played his final game at just age 4-1 with an RBI, and announced his retirement on August 7, 2016.

Alex Rodriguez was the main culprit of the Biogenesis scandal in 2013, in which led to a 162 game suspension which he served in 2014. He lied on multiple occasions, declining his use of Performance Enhancing Drugs. After finally fessing up to using PED’s, Rodriguez accepted his suspension and disappointment many, foiling relationships with teammates, fans and others around the MLB. He has since then been booed and looked down upon by fans of teams throughout the MLB. Since coming back from suspension, A-Rod has said and done all the right things, repairing relationships and for some people regaining their trust. Many however, are happy that Rodriguez will no longer be apart of any team in the Majors.

The big question here is, what is the difference between David Ortiz and Alex Rodriguez? Both have been linked to steroids, both are stars for their respective teams, and both are retiring. Why is one being treated better than the other? All David Ortiz had to do was decline his use of PED’s and there was no further investigation. It seems as if all fans have forgotten his linkage to PED’s and are treating him and sending him off with a wonderful farewell. Alex Rodriguez will be sent off with nowhere near the treatment Ortiz has received, and from what reports say, they both are users of PED’s. Alex Rodriguez has done a great job repairing his image with teammates, teammates, fans and others around the Majors, so what makes the retirement of these two stars any different?
Las Vegas Welcomes New NHL team

League team. A unanimous vote was passed by the league’s board of governors to grant Las Vegas its own team, along with the plan to start play in the 2017-18 season. A $500 million dollar expansion fee will be in place for the franchise. The team will feature seating for 17,800 people. This will be the first NHL expansion since 2000 and in order for it to work, each team will loose one player to the Las Vegas newest franchise. The clubs will have the choice to protect or give away their skaters. Players who have played in 40 or more games and are under contract will be in place for the franchise. The Las Vegas franchise.

Another addition to the franchise is the introduction of Las Vegas’ new General Manager George McPhee. McPhee was introduced Wednesday during a press conference at T-Mobile Arena. McPhee, former general manager of the Washington Capitals, spent 17 years with the capitals before being relieved of his duties following the 2013-2014 season. Before that, McPhee was the director of the hockey operations for the Vancouver Canucks for five years. He also served as senior advisor with the New York Islanders. He is widely known for his service on on Canada’s national hockey team, including time as the CO-GM of Canada’s recent gold medal team at the 2016 Men’s World Championship. With the foundation setting in place, it’s only a matter of time to establish the franchise’s newest name. Although there is no word yet on the decision for a team name, only time will tell what the future holds for Las Vegas’ newest professional hockey team.

We are very proud of Garrett and his accomplishments both on the field and in the classroom. He is a true leader and he shows it every day with his hard work.”

-Jorge Hernandez

Las Vegas number 1 in nation

Garrett Pynn, member of BCC’s men’s track and field team, won a national title in the discuss event. The Nationals competition took place from May 7-9 at Mohawk Valley Community college in Utica, New York. The college as a whole also did well placing 10th out of 21 schools, in the Nationals. Pynn threw for a distance of 41.10 meters to win first place and received NJCAA first team honors. Pynn placed third in the Shot Put event, with a distance of 13.98 meters. His third place finish earned him Coaches All American Honors and on May 23rd, 2015, NJCAA outdoor All Americans were honored by the U.S. Track & Field and Cross Country Coaches Association.

Miraculously, Pynn was successful despite nursing a lower body injury. Pynn represents Bergen Community College’s first National Discus champion. For his accomplishments, he was awarded, “Male Field Athlete of the Year,” by the coaches.

Managing Director of Athletics, Jorge Hernandez, made a statement regarding Pynn saying, “We are very proud of Garrett and his accomplishments both on the field and in the classroom. He is a true leader and he shows it every day with his hard work.”

-Pynn who is 6’4” and 300 pounds resides in Edgewater, New Jersey, attended Leonia High school. Students have always been successful as he holds many records at his former high school. He is returning to Bergen Community College this upcoming semester as a sophomore, and will graduate from BCC next year after completing the final requirements for his criminal justice degree. He currently maintains a 3.6 GPA. Pynn hopes to continue his athletic career at a four year institution. He looks to work in the law enforcement field after graduating from his four year school.