



Department of Nursing

AAS.NURS.EVE

New Student Packet

SPRING 2024





Dear Incoming Nursing Students,

As you begin, I personally want to welcome you to the Bergen Community College Student Nursing Program. Each professional in the Nursing Department, Faculty, Staff, and Administration, are here to assist you in your endeavors. Together we will support and encourage you to attain your goals of becoming a Registered Nurse.

Our state-of-the-art Health Professions Integrated Teaching Center fosters a collaborative environment using the most current methodologies. Various disciplines interact with each other to simulate live clinical experiences in our Interdisciplinary Center for Simulation. Our experienced Nursing Faculty provide Students with the opportunity to bridge the theory-practice gap by providing real world experiences to prepare you to become leaders of tomorrow.

Bergen Community College Nursing Program has a reputation of excellence. The health care facilities with whom we work, welcome and encourage our students to develop and grow in the learning process and in the profession of Nursing. Our Nursing Program is accredited by the Accreditation Commission for Education in Nursing (ACEN), which is an indicator of the success of our program.

The Faculty, Staff and I wish you a successful year!

Sincerely,

Darlene Zales-Russamano

Darlene Zales-Russamano, MSN, RN, CNEcl, AHN-BC
Associate Dean/Nursing Program

NEW STUDENT ORIENTATION SPRING 2024 SEMESTER ATTENDANCE IS MANDATORY!

**Day 1 - In person attendance
Day 2 - Virtual attendance
Day 3 - In person attendance**

Schedule is as follows:

**Day 1: January 9th, 2024 (All Students)
In Person Attendance
9:00am – 10:30am
Room: HP 302/304 (Third Floor)**

10:30 -11:30am - BCC Services Presentation with:

- Suzanne Wetzel, VP of External Affairs of External Affairs
- Dennis Kruk, Director of Interdisciplinary Center for Simulation
- Lois Carmichael, Personal Counselor & Anna Rolando, Accommodation Specialist, Office of Specialized Services
- Dania Huie-Pasigan, BSN, RN, Associate Director of Health Services
- Gregory Fenkart, Director of Student Life and Development, Jared Farra, Student Life Coordinator and Jenny Gamez, Coordinator of Student Conduct
- Joan Dalrymple, Associate Professor, Library
- Rachel Sloma, Coordinator of Bergen Cares Center
- Kelli Hayes, Academic Coaching Supervisor of the Tutoring Center

11:30am - 12:30pm: Break/Tour - (BYOL) Bring your own lunch



12:30pm - 3:00pm: Nursing Handbook Review with:

Associate Dean Darlene Zales-Russamano, MSN, RN, CNEcl, AHN-BC
Assistant Dean Carmen Cruz-Torres, MSN, MHS, RN, CNE

3:00pm - 4:00pm: Nursing Student Panel with:

Darcy VanOst - Level IV Alumni
Joanna Molina & Paul Mellor - Level II
Emma Reilly & Abraham Colon- Level I

**Day 2: January 10th, 2024
Virtual Attendance
9:00am – 9:45am (All Students)**

ATI Information Session-Must register on ATI Website and use the following link:
[ATI Student Orientation 2023 \(20 min\)](#)

https://atitesting.zoom.us/webinar/register/WN_o2qnRxdeSuKWjdEvh7qICQ#/registration

**10:30am – 11:30am F.A. Davis (All Students)
Facilitated by Shanna Bland, Educational Consultant**

Join Zoom Meeting

<https://fadavis.zoom.us/j/93453035258?pwd=VWhxQVZCMk1QWVNVUW5pekowSis0UT09>

Meeting ID: 934 5303 5258

Passcode: 584618

**1:00pm – 4:00pm (All Students Virtual)
ATI Online/Test Taking Strategies Seminar
Facilitated by Jacqueline Sunkler, Nurse Educator/NCLEX Specialist**

We will be sending the handouts and zoom link approximately 30 days prior to the start of this seminar.

Reminder! use of a phone or tablet not recommended for this session as all features of the session would not be fully supported.

**Day 3 - January 11th, 2024
In Person Attendance
8am to 5:00pm (All Students)
Mental Health First Aid Training
Room HP 302/304 (Third floor)**

MANDATORY

NURSING DEPARTMENT REQUIREMENTS

Please **READ CAREFULLY** then complete **all Nursing** requirements **by the deadline listed below**.

- **Nursing Department Compliance Information** must be submitted to the link below
NURSING Department URL: <https://lf.bergen.edu/Forms/hp0001>
- **CPR Certification – American Heart Association**, BLS for Healthcare Providers **ONLY**
- **Malpractice Insurance** (coverage as a Registered Nursing Student)
- **CHBC – Criminal History Background Check** – completed
- **Drug Screen** – Must be done between **December 11, 2023– December 15, 2024 ONLY**
- Student **Handbook** Sign-Off

Do not “check the box” until you have read the Nursing Student Handbook.

The Spring 2024 Nursing Student Handbook will be available through this link:

bergen.edu/nursing/more-info/

Deadline for all NURSING DEPARTMENT Requirements are to be completed by:
December 15, 2023 (**NO EXCEPTIONS!**)

Students will **NOT** be permitted to progress in the Nursing Program until **all of the above** compliance documents are submitted.

MALPRACTICE INSURANCE

Nursing students are required to purchase liability insurance. You can purchase the insurance from any company, but it must cover you as a Registered Nurse Student for at least the amounts of 1 million dollars (\$1,000,000) per individual claim and 6 million dollars (\$6,000,000) per aggregate claim.

Many of our nursing students use NSO (Nurses Service Organization) to purchase their liability insurance. This company's liability coverage for nursing students is now at a level of \$1,000,000 per individual claim and \$6,000,000 per aggregate claim for a Registered Nurse Student.

You can apply online to purchase your insurance from NSO at: www.nso.com or you can call toll free at 1-800-247-1500.

IMPORTANT!

A copy of your Certificate of Insurance only **must** be submitted electronically with your other required documents by **DECEMBER 15th, 2023**

*Start date of Malpractice Insurance Policy **must be** January 17th, 2024

CPR CERTIFICATION

ALL NURSING STUDENTS ARE REQUIRED TO MAINTAIN CPR CERTIFICATION FROM THE FOLLOWING ORGANIZATION ONLY:

AMERICAN HEART ASSOCIATION

Level: **BLS for Healthcare Providers Certification**

*IMPORTANT: Be sure you have registered for the **Correct Level of CPR Certification** as indicated above. CPR Certification must also be from a live/in-person course from the organizations listed above. **No online** CPR certification will be accepted.

Class schedules are available online at the American Heart Association website, www.americanheart.org

Bergen Community College School of Continuing Education also offers CPR classes that meet our Nursing Department requirements. If interested, contact Continuing Education directly at [201-447-7488](tel:201-447-7488) to obtain more information. Please keep in mind, it will take a few weeks to receive your official CPR card. More information on Bergen's CPR available courses are found on the next page.

Please note, upon receipt of your card **MAKE A PHOTOCOPY** of the card and submit it promptly with your other required compliance documentation electronically, must be in PDF formatting through this link:

URL to: <https://lf.bergen.edu/Forms/hp0001>

If you have not received a copy of your card by **December 15th, 2023** we will **temporarily** accept a letter from the CPR course instructor stating that you successfully passed the course, until your card arrives.

Students who are unable to meet the performance criteria for Certification due to health restrictions must:

1. Present a physician's statement excluding them from this requirement and
2. Attend the theory component of the CPR course.

Proof of exemption must be sent from the physician, and attendance at the course must be validated.

Note: Deadline for all Requirements must be turned in by DECEMBER 15th, 2023

CPR (BLS) Training offered here at Bergen Community College through the Continuing Education department. For Nursing Students Only, there is a discounted fee of \$60.00. In order to receive this discounted price when registering, you must call 201.447.7488 and identify yourself as a BCC Nursing Student. If visiting in-person, bring your Bergen Student ID Card with you. Spaces are limited!

Dates offered:

12/1/2023 9:00am – 2:00pm

12/12/2023 5:00pm – 10:00pm

<https://ce.bergen.edu/health-professions-courses/hh-703/>



Level I Students

Dear Level One Nursing Student:

Welcome to the Nursing Program at Bergen Community College. We have a proud 50+ year history of educating Nurses to provide health care to area residents and beyond. The Faculty and Nursing Administration rigorously and regularly review student and program outcomes always seeking new ways to improve the teaching/learning process.

As a result of our studies, we are pleased to introduce a program to further aid nursing students to learn the theory and clinical application to nursing practice. This program is affiliated with ATI testing and remediation. You may recognize the name because the entrance examination you took to qualify for the Nursing Program is an ATI product. The program, utilized by numerous Nursing Programs throughout the country, will include the following products:

- Tutorials and Simulations
- Practice Assessments
- Proctored Assessments
- Active Learning Templates
- Print and eBooks

This program will provide YOU with personalized electronic remediation content, and it will help you address your weaknesses. Your performance will be assessed in accordance with the categories tested on the ATI Exit Examination and the National Licensing Examination, (NCLEX-RN), you will be required to take to become a Registered Nurse.

We wish you the very best and will share in your success as you achieve your goal of becoming a Registered Nurse!

Sincerely,

Darlene Zales-Russamano

Darlene Zales-Russamano MSN, RN, CNEcl, AHN-BC
Associate Dean of Nursing

NURSING STUDENT SCHOLARSHIPS

There are many scholarships available for Students enrolled in the Nursing Program at Bergen Community College. We encourage all Students to take advantage of this financial assistance. Nursing Student Scholarships and application can be viewed on the Bergen Community College Web Page via the following link:

<https://bergen.edu/community/foundation/scholarships/>

DEPARTMENT OF NURSING SKILLS KIT

Your Nursing Skills Kit can be purchased through **M&M Medical Sales, Inc.** by completing the form below. All payments are due December 9, 2023

After you order your Nursing Kit, you will be required to **Pick Up** your kit at M&M Medical Sales Inc. Monday, January 15 and Tuesday, January 16, 2024 **ONLY!**

Office hours for Pick-Up: 8:30am to 4:00pm Monday through Friday.

Please note, if you do not pick up your Nursing Kit during the pick-up dates/times, you will **NOT** be able to move forward in the Nursing Program.

**M&M MEDICAL SALES, INC.
356 South Maple Avenue Glen
Rock, New Jersey 07452
(201) 612-9060**

BERGEN COMMUNITY COLLEGE, DEPARTMENT OF NURSING
NURSE TRAINING KIT - \$125.00

This is an order form that must be used along with your payment to M&M Medical Sales, Inc.

PLEASE CHECK YOUR NURSING SKILLS KIT IMMEDIATELY

As your Nursing Training Kit **cannot** be returned. The contents of this Kit have been developed in conjunction with your instructors and are required for your program. If you are missing any content from your Nursing Skills Kit, contact M&M Medical Sales, Inc, directly.

Payment is accepted by **Cash, Certified Check or Money Order only.**
All orders **MUST** be placed and received by **December 8th, 2023.** This assures the timely receipt of your Training Kit.

**Mail Certified Checks to:
M&M Medical Sales, Inc.
356 Maple Avenue
Glen Rock, New Jersey 07452**

Please include the following information:

Student's Name: _____

Telephone Number: _____

PLEASE RETURN THIS ENTIRE ORDER FORM

The Nurse Training Kit is a custom package, which will be made to order for you. Reminder, if you do not order before the deadline, you will not receive the Nursing Kit in order to move forward in the Nursing Program.

UNIFORMS



Hello Nursing Students,

For **Spring 2024**, all Health Professions Students are to wear scrubs on campus at all times. Each discipline will be recognized by their color.

Nursing Scrubs are **PURPLE** to honor our school color. This establishes a professional appearance, as well as a safety measure at the Health Professions Building.

Uniform Ordering Information:

All incoming Level I Students Must Visit the Yay Scrubs Showroom from December 4th, 2023 to December 9th **for uniform sizing.**

All Payments are due at the time you place your uniform order.

No Orders Accepted After December 8th, 2023

Uniform Company: **Yay Scrubs**
336 Main Street
Hackensack, New Jersey 07601
Tel: 201-820-4852
Email: info@yayscrubs.com

Hours of operation: Monday through Thursday 10:15am - 7pm

PLEASE NOTE! DO NOT call to confirm your appointments. These have already been confirmed for you. ONLY call if you need to re-schedule. If rescheduling, Yay Scrubs will need **24 to 48hrs** notice.

Reminder: Uniforms are required to be worn AT ALL TIMES when on Campus/Labs/Clinicals.

***Yay Scrubs will notify each student directly when your order is completed. Please Do Not Call Yay Scrubs. They will contact you.

YAY SCRUBS
336 MAIN STREET
HACKENSACK, NJ 07601
201-820-4852

BERGEN COMMUNITY COLLEGE - NURSING PROGRAM
STUDENT ADVISORY LETTER

Required Uniform Purchase: Two sets, One lab coat, One name pin

All orders must be paid in advance and are a Final Sale. Cash, Credit Card or Debit cards only. NO PERSONAL CHECKS ACCEPTED

Please arrive at your scheduled appointment time as this time has been reserved for you.

ALL ORDERS MUST BE PLACED BY DECEMBER 8th, 2023

WOMEN

SK101-1276, NEW GRAPE TUNIC WITH CUSTOM EMBLEM APPLIED TO LEFT SLEEVE

XXS-XL	\$24.99
2X-3X	\$28.99

SK201-1276, NEW GRAPE PULL-ON PANT

P=PETITE, T=TALL

XXSLXL, <i>XXSP-XLP</i>	\$23.99
2X-3X	\$27.99
<i>XST-XLT</i>	\$27.99

MEN

SK0112-1276, NEW GRAPE TOP WITH CUSTOM EMBLEM APPLIED TO LEFT SLEEVE

XS-XL	\$27.99
2X-3X	\$31.99

SK0215-1276, NEW GRAPE PANT

S=SHORT, T=TALL

XS-XL, <i>XSS-XLS</i>	\$25.99
2X-3X	\$29.99
<i>ST-XLT</i>	\$29.99

UNISEX

CK401-WHITE, CONSULTATION LAB COAT, 30" WITH EMBLEM APPLIED TO LEFT SLEEVE

XXS-XL	\$27.99
2X-3X	\$29.99

CUSTOM NAMETAG	\$15.00
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YAY SCRUBS ALSO SUPPLIES THE FOLLOWING ADDITIONAL REQUIRED ITEMS:
 All white leather shoes or full back plastic clogs, NO CANVAS/FABRIC FOOTWEAR.



STORE HOURS: MONDAY THROUGH SATURDAY, 10:15AM TO 7:00 PM.
Check you student ID # below for your appointment-date and time, if you need to reschedule call Yay Scrub for assistance

UNIFORM FITTING SCHEDULE

Uniform Fitting Times	Monday December 4	Tuesday December 5	Wednesday December 6	Thursday December 7	Friday December 8
10:15am-11:00am					
11a-12p	884960 577077	885804 919565	857311 719780		
12p-1p	892525 731535	873164 887217	317770 640364	900316 878647	879272 860717
1p-2p	896091 855523	880502 696580	893161 527217	721862 895087	889683 863847
2p-3p	593074 873639	879987 893473	870309 264522	317113 762275	771688 862236
3p-4p	885711 886740	756523 498060	734859 908732	851934 843902	896854 881795
4p-5p	460814 902510	472559 888418	751111 872469	893399 765092	896489 866236
5p-6p	880007 486256	844012 845545	768719 838028	829364 411177	774311 540603
6:00p-6:30p	877684 854939	876161 880380	838782 780212	899584 763552	885562 859783

TEXTBOOKS FOR SPRING 2024

All required course materials, including your books, bundled together for great savings, can be purchased through the bookstore at www.Bergenstore.com. Please contact the Bookstore directly at bookstore@bergen.edu for any questions or concerns.

New Student only need to purchase Level 1 textbooks prior to the start of class

LEVEL 1

NUR 181–ASSESSMENT

Jarvis, Carolyn. Physical Examination and Health Assessment, 9th edition (2023) Elsevier.
ISBN: 978-0-323-80984-9

NUR 182 - PHARMACOLOGY/MATH

Pharmacology: A Patient Centered Nursing Process Approach
Linda E. McCuiston, Kathleen Vuljouin-Dimaggio, Mary B. Winton, Jennifer J. Yeager (2021).
Elsevier 11th ed.
ISBN #: 978-0-323-79315-5

Calculate with Confidence
Morris Gray, D. (2018). Elsevier 8th ed.
ISBN #: 987-0-323-69695-1

NUR 183 – CONCEPTS

Judith M. Wilkinson and Leslie S. Treas. Fundamentals of Nursing Vol 1 & 2, 4th edition &
Davis Edge RN Funds, 4th Edition
ISBN #: 978-0-8036-7690-9 (includes **Davis Advantage**)

Judith M. Wilkinson and Leslie S. Treas. Procedure Checklist for Fundamentals of Nursing, 4th edition.
ISBN #: 978-0-8036-7689-3

April Vallarend, Davis's Drug Guide for Nurses, 18th edition.
ISBN #: 978-1-719-64640-6
Or

NUR 183 – CONCEPTS (continued)

Optional

Nugent and Vitale. Test Success ISBN-13: 978-1-7196-4002-2
Fundamentals Success ISBN #: 978-0-8036-7745-6
Pharmacology Success ISBN #: 978-0-8036-6924-6
F.A. Davis Company

Pearson Reviews & Rationales: Nursing Fundamentals with "Nursing Reviews & Rationales", Maryann Hogan. ISBN - #: 978-0-134-48058-9

Margaret Sorrell Trueman: Case Studies in Nursing Fundamentals, F.A. Davis Company
ISBN #: 978-0-8036-2923-3

Nursing Care Plan Books - student choice Doenges, Moorhouse, Murr. Nursing Diagnosis Manual: Planning, Individualizing and Documenting Client Care. F.A. Davis.
ISBN #: 978-0-8036-7677-0

Nursing Care Plans, Diagnoses, Interventions, and Outcomes, 10th edition. Gulanick & Myers. Mosby.
ISBN #: 9780323711180

Sparks and Taylor's Nursing Diagnosis Reference Manual. Lippincott Williams and Wilkins.
ISBN #: 9781975141745

*** *There is an ISBN code for the bundle package which includes the textbooks* i. Wilkinson: *Davis Advantage for Fundamentals of Nursing, 4th edition (2-volume set)*; ii. Wilkinson: *Procedure Checklists for Fundamentals of Nursing, 4th edition*; iii. Vallerand: *Drug Guide, 18th edition*; iv. Tabers: *Cyclo Medical Dictionary, 24th edition*; v. Van Leeuwen: *Manual Lab & Diagnostic Tests, 10th edition*

Bundle Package ISBN13: 978-7196-3373 The bundle is a cost saving of almost \$100 for our students.

LEVEL 2

NUR 281/282- Adult Health Nursing

Hoffman, Janice and Sullivan, Nancy. Davis Advantage for Medical Surgical Nursing. 2nd edition.
ISBN #: 978-0-8036-7707-4

*** *There is a combined ISBN Code for a combination of **Level II and Level IV bundle packages** which includes the textbooks:* i. Hoffman: *Davis Advantage for Medical-Surgical Nursing, 2nd edition*; ii. Mazur: *Lutz's Nutrition & Diet Therapy, 7th edition*; iii. Catalano: *Nursing Now: Today's Issues, Tomorrow's Trends, 8th edition*

Bundle Package ISBN: 978-1-7196-2428-2

LEVEL 3

NUR 284- Maternal Child Health Nursing

Maternal Newborn Nursing, 4th Edition, Durham & Chapman FA Davis
ISBN #: 978-1-7196-4573-7

Pediatric Nursing, 3rd Edition, Rudd & Kocisko FA Davis ISBN #: 978-1-7196-4570-6

OB/GYN Peds Notes: Nurse's Clinical Pocket Guide, 4th Edition, Brenda Walters, Holloway Cheryl Moredich et al. ISBN-13: 978-1-7196-4274-3 (**Optional**)

Bundle: ISBN-978-1-7196-39880

NUR 285- Psychiatric Nursing

Davis Advantage/Edge for Psychiatric Mental Health Nursing, 10th ed. Townsend, Mary and Morgan, Karen. ISBN #: 978-0-8036-9967-0

**** There's an ISBN code for the bundle which includes the text for NUR 285 Mental Health which is listed above; ISBN #: 978-1-7196-3988-0, the bundle is a cost saving of almost \$100 for our students*

NUR 290/291 Professional Role Management

Catalano, Joseph. Nursing Now! Today's Issues, Tomorrow's Trends, 9th Edition, 2019. FA Davis
ISBN-13: 978-1-7196-4977-3

LIBRARY RESOURCES: <http://bergen.libguides.com/nursing>

NURSING STUDENT COMPLIANCE INFORMATION CHECKLIST

FOR ALL REPEATING STUDENTS and STUDENTS ENTERING LEVEL III ONLY

Nursing Department Compliance Information must be submitted to the below

NURSING Department URL: <https://lf.bergen.edu/Forms/hp0001>

- △ CHBC – Criminal History Background Check – Date of Completion
- △ Drug Screen – Must be done between December 11th – December 15th, 2023 ONLY. Please submit your scheduled date.
- △ Malpractice Insurance
- △ CPR Certification – American Heart Association, ONLY
- △ Student Handbook Sign-Check consent box
Do not sign until you have read the Nursing Student Handbook. We'll review it at the New Nursing Student Orientation.
- △ The Spring 2024 Nursing Student Handbook will be available through the link below: bergen.edu/nursing/more-info/

IMPORTANT – PLEASE READ BELOW AND COMPLY

The above compliance information must be completed and returned by December 15th, 2023

Nursing Compliance information must be submitted at: <https://lf.bergen.edu/Forms/hp0001>

You will also be receiving a separate packet from our Health Services department, in regards to health requirements for your Clinical Practice. Included will be a physical exam form, required labs and drug screening information.