



Career Planning Resources

Meet with a Career Counselor to find out more.
Online counseling available by appointment only.
See [here](#) for walk-in advising schedule
email: aacenter@bergen.edu for appointments.

OCCUPATIONAL INFORMATION

O*Net Online is a national source of occupational information. Search for occupations using keywords, browsing job families, high growth industries, or disciplines. Learn about the day-to-day aspects of a job and the qualifications and interests of a typical worker.
Go to [O*Net Online](#) to find out more.



CAREER CLUSTER SURVEY

Career clusters group career choices. Careers with common features are in the same cluster. Clusters can be used during career exploration as a way to find your best career match
Take a [Career Cluster survey](#).

OCCUPATIONAL OUTLOOK

The Occupational Outlook Handbook is a nationally recognized source of career information designed by the U.S. Department of Labor to provide valuable assistance to individuals making decisions about their future work lives. The Handbook describes what workers do on the job, working conditions, the training, and education needed, earnings, and expected job prospects in a wide range of occupations.
Go to: [Occupational Outlook Handbook](#)

WAGE & EMPLOYMENT TRENDS

Find wage and employment trends, occupational requirements, state-by-state labor market conditions, millions of employer contacts nationwide and the most extensive career resource library online.
Go to: [CareerOneStop's tools to research career information, training, or jobs.](#)

Occupational Statistics



A career plan helps you determine your skills, interests, and career areas that best suits your talents. Research helps determine the education and training needed for your career. Develop a career plan to learn what you want to do & how to get there. Use the online resources to begin the process & meet with a Career Counselor to find out more.

SELF ASSESSMENT

Self-exploration is an important step in developing a career plan.

The big five personality traits are the best accepted and most commonly used model of personality in academic psychology.

[Big Five Personality Assessment](#)

Personality Tests can be used to gauge compatibility with careers. Try one:

[16 Personalities](#)

[Interest Assessment](#)

[Career Values Assessment](#)

Use **Career Coach** to take a Self Assessment to find out what your interests are and how they relate to the world of work.

[Click here.](#)

Browse career fields [here](#)

CAREER RESEARCH

College Board can assist you in finding useful information about your academic, college, and career options - [here](#)

Use [The Princeton Review](#) to look up over 200 occupational profiles with information on career facts & figures, educational requirements, what "a day in the life of" summaries, and related careers [here](#)

SKILLS ASSESSMENT

A skill assessment will help you identify your skills. [Use the Skills Matcher on the CareerOneStop website.](#)

Work [values assessment](#) is designed to help you learn more about what is important to you in work and in life.



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