



Fitness Center S-128 Free Hours Fall 2017



Effective 10/4/17

Days	Times
Mondays	Open: 8:00 AM – 6:00 PM
Tuesdays	Open: 8:00 AM - 11:00 AM Open: 12:30 PM – 5:30 PM
Wednesdays	Open: 8:00 AM –10:45 AM Open: 12:30 PM – 1:30 PM Open: 2:30 PM – 5:30 PM
Thursday	Open: 9:00 AM – 11:00AM Open: 11:30AM – 1:30PM Open: 2:30 PM - 5:30 PM
Fridays	Open: 8:00 AM – 11:00 AM Open: 12:30 PM – 4:00 PM

Please inform the Wellness/Exercise Science Office (G-207/G-202) if the facility is not open during scheduled hours.

- Proper attire is required.
- Valid college ID with medical clearance “M” sticker is required.
- No food or drink in Fitness Center.
- Medical form must be on file with Health Services (HS-100).
- Classes have preference over “free hours”.
- The College is not responsible for missing items.

HOURS SUBJECT TO CHANGE WITHOUT NOTICE