Bergen Community College
Division of Business, Arts, and Social Sciences
Department of Business & Hotel/Restaurant Management

HRM 102 Food Protection and Safety

Date of Most Recent Syllabus Revision:
Course Typically Offered: Fall ___ Spring ___ Summer ___ Every Semester ___ Other ________________
Syllabus last reviewed by: BCC General Education Committee ___ Date: ____________
(Most courses need review Ad Hoc Committee on Learning Assessment ___ Date: ____________
by only one of the following) Curriculum Committee: ___ Date: April 2018

Basic Information about Course and Instructor

Semester and year:
Course and Section Number: Food Protection and Safety HRM 102
Meeting Times and Locations:

Instructor:
Email Address:
Office Location:
Phone:
Departmental Secretary: Linda Karalian, 201-447-7214, lkaralian@bergen.edu
Office Hours:

Course Description:

Official Catalog Course Description
This course introduces the principles involved in identification and prevention of food contamination; the role of state, federal and local Public Health regulations; accident prevention; and food safety practices and control measures used in various food service operations. This course prepares students for the ServSafe Food Protection Manager certification examination.

Hours: Lecture [3.00]
Prerequisites: None
Co-requisites: None
Cross Listed Courses: None

Student Learning Objectives:
As a result of meeting the requirements in this course, students will be able to:
1. Differentiate between the various types of food-borne illnesses
2. Describe the food preparation procedures and methods used to prevent food-borne disease outbreaks
3. Identify the proper receiving, storage and cooking temperatures
4. Explain the laws and regulation governing the layout and design of commercial kitchens in relation to food safety
5. Identify the proper procedures in cleaning and sanitizing food contact surfaces

Means of Assessment
The major assessment types (means of assessment) utilized in this course are graded participation, tests, discussions from articles and websites, and discussion questions as assigned. There is also a nationally-recognized ServSafe Food Protection Manager Certification examination to be sat in front of a proctor.

Course Content
The course is intended to guide students to identify and apply food safety and sanitation standards in all facets of food handling from receiving to service. It involves identifying temperatures for receiving, storage, food preparation and service. The course also examines the most common food allergens and foodborne illnesses, thereby preparing students to practice safe food handling, cleaning and sanitizing procedures in the foodservice industry. Therefore, the course includes the following mandatory components:
1. Identifying key temperatures to help ensure food wholesomeness and quality
2. Describing proper ways to receive, store, prepare and serve potentially hazardous foods
3. Daily discussion of proper food handling procedures

Course Outline and Calendar

<table>
<thead>
<tr>
<th>Week</th>
<th>Date(s)</th>
<th>Topics</th>
<th>Chapters</th>
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<tbody>
<tr>
<td>1</td>
<td></td>
<td>Introduction to the Course; Keeping Food Safe</td>
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<td>2</td>
<td></td>
<td>Understanding the Microworld I</td>
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<td>3</td>
<td></td>
<td>Understanding the Microworld II</td>
<td>2</td>
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<tr>
<td>4</td>
<td></td>
<td>Contamination: Food Allergens, and Foodborne Illness</td>
<td>3</td>
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<tr>
<td>5</td>
<td></td>
<td>The Safe Food Handler</td>
<td>4</td>
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<tr>
<td>6</td>
<td></td>
<td>The Flow of Food: An Introduction</td>
<td>5</td>
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<tr>
<td>7</td>
<td></td>
<td>The Flow of Food: Purchasing, Receiving and Storing</td>
<td>6 &amp; 7</td>
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<tr>
<td>8</td>
<td></td>
<td>The Flow of Food: Preparation</td>
<td>8</td>
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<td>9</td>
<td></td>
<td>The Flow of Food: Service</td>
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<tr>
<td>10</td>
<td>Food Safety Management Systems</td>
<td>10</td>
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<tr>
<td>11</td>
<td>Safe Facilities and Equipment</td>
<td>11</td>
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<td>12</td>
<td>Cleaning and Sanitizing</td>
<td>12</td>
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<tr>
<td>13</td>
<td>Integrated Pest Management; Food Safety Regulation and Standards</td>
<td>13 &amp; 14</td>
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<td>14</td>
<td>Staff Food Safety Training</td>
<td>15</td>
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<td>15</td>
<td>Final Examination</td>
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**Notes to Students:**
1 – Syllabus may change due to unforeseen circumstances or to take advantage of educational opportunities.
2 – Your instructor will update you on assignment questions as well as topics covered on the tests. Please continually log on to Moodle for announcements, reminders and updates.
3 – Please log on to Moodle for handouts that are not distributed in hard copy form. Please also check your Bergen Community College e-mails (You may decide to filter your Bergen e-mail into your personal e-mail address).

**Special Features of the Course**
The use of learning technologies in the course, as well as excellent internet connection, is necessary to help you succeed in this course and in the industry.

**Course Texts and/or Other Study Materials**

**Required**  
Note: Scantrons are often sold separately from the textbook.

**Grading Policy**
The grading system used for this course will combine the following

- Class Participation: 10%
- Assignments: 30%
- Tests: 40%
- Final Examination: 20%

Total: 100%
Overall Class Participation (up to 10 performance points)
Class participation by students (including regular and timely attendance and active engagement in class sessions) is an essential part of this course. I expect you to participate actively and constructively in our class sessions in ways that show respect and courtesy to me and to your classmates. As we proceed through the semester, there will be class discussions on all of the major topics covered in the course. You are required to participate actively in our discussions and other class activities. (You are also free to generate online discussions in the Moodle Forum. Such online discussions are not required. They are completely up to you and other members of the class. Online discussion activity will not affect your grade one way or another.)

"Plus" behaviors: To earn points for class participation, you must (1) attend class regularly and on time and not leave early; (2) be well-prepared for class by doing all assigned reading and other out-of-class assignments ahead of time; (3) participate voluntarily, actively, intelligently, and constructively in class discussions; (4) do all in-class assignments; (5) show a positive and serious attitude toward the course; and (6) utilize frequently and actively the materials and facilities on the Moodle site.

"Minus" behaviors: Behaviors such as the following will result in your losing points for class participation: (1) being absent from or late for class; (2) leaving class early; (3) continually walking out of and coming back into class; (4) sleeping in class; (5) being inattentive to class lectures and discussions; (6) behaving inappropriately in class (e.g., acting silly; conducting private conversations in the back of the room; utilizing cell phones, headphones, and other distracting devices in class; eating, drinking, or chewing gum in class; defacing classroom furniture; etc.); (7) being impolite, rude, or discourteous to me or to your classmates; (8) not being adequately prepared for class; (9) showing a negative or frivolous attitude toward the course; (10) Not utilizing the materials and facilities on the course website.

Other College Policy Statements

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<tr>
<th>Code of Student Conduct:</th>
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<th>Statement on plagiarism and/or academic dishonesty:</th>
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<tr>
<td>Please read pages 8 – 9 in the above link. Students are not excused from the penalties for not being aware of or for not having read the policies set forth regarding plagiarism and other forms of academic dishonesty.</td>
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<th>ADA Statement:</th>
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<td>Students who require accommodations in accordance with the Americans with Disabilities Act (ADA) can request these services from the Office of Specialized Services. To learn more about how to apply for services, please visit <a href="http://www.bergen.edu/oss">http://www.bergen.edu/oss</a>.</td>
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Note: Those who have completed the OSS paperwork and received accommodations during previous semesters might not be automatically eligible in subsequent semesters in every case.