



Bergen Community College
Division of Business, Arts, and Social Sciences
Department of Business & Hotel/Restaurant Management

HRM 211 American Regional Cuisine

Date of Most Recent Syllabus Revision: April 2018

Course Typically Offered: Fall ___ Spring ___ Summer ___ Every Semester ___ Other _____

Syllabus last reviewed by: BCC General Education Committee _____ Date: _____

(Most courses need review Ad Hoc Committee on Learning Assessment _____ Date: _____

by only one of the following) **Curriculum Committee:** _____ Date: Nov., 2017

Basic Information about Course and Instructor

Semester and year:

Course and Section Number: American Regional Cuisine HRM 211

Meeting Times and Locations:

Instructor:

Email Address:

Office Location:

Phone:

Departmental Secretary: Linda Karalian, 201-447-7214, lkaralian@bergen.edu

Office Hours:

Course Description:

Official Catalog Course Description

This course is an introduction to American regional cuisine. Students apply their introductory culinary skills to develop menus as they follow recipes and adhere to production standards. Dishes prepared in this course reflect foods commonly associated with culinary regions through the United States.

Hours: Lecture [1.00]. Lab [4.00].

3 credits

Prerequisites: HRM 103

Co-requisites: None

Cross Listed Courses: None

Student Learning Objectives:

As a result of meeting the requirements in this course, students will be able to:

1. Explain the cultural foodways and use of ingredients from various United States regions
2. Demonstrate various culinary preparations using ingredients found in United States regions
3. Analyze the relationship between climate, topography, and diet of the regions and the use of staple ingredients
4. Create menus and produce dishes while adhering to production schedules for various types of clientele

Means of Assessment

The major assessment types (means of assessment) utilized in this course are graded lab participation, regional essay, objective written tests, presentations and practical examinations.

Course Content

The course is intended to guide students to prepare complex menus representative of American regions, while building on fundamental culinary techniques. It involves preparing menus and examining the symbiotic relationship between cuisine and culture. Therefore, the course includes the following mandatory components:

1. Innovating, planning, and implementation of American regional menus for various types of clients
2. Daily preparation of dishes representative of American regions
3. Research study of the regions as they relate to food history and culture

Course Outline and Calendar

Week	Date(s)	Topic	Chapters
1		Course Introduction; Cuisine & Culture of the United States	
2		Regional Cuisine Focus: New England	
3		Regional Cuisine Focus: Mid-Atlantic I	
4		Regional Cuisine Focus: Mid-Atlantic II	
5		Regional Cuisine Focus: The South	
6		Regional Cuisine Focus: Floribbean	
7		Regional Cuisine Focus: Cajun & Creole	
8		Regional Cuisine Focus: The Mexican Border	
9		Regional Cuisine Focus: California I	

10		Regional Cuisine Focus: California II	
11		Regional Cuisine Focus: Southwest	
12		Regional Cuisine Focus: Pacific Northwest	
13		Regional Cuisine Focus: Hawaii	
14		Final Practical Examination	
15		Final Written Examination; Regional Essay Presentation	

Notes to Students:

- 1 - Syllabus may change due to unforeseen circumstances or to take advantage of educational opportunities.
- 2 – Your instructor will update you on test dates and assignments. Please continually log on to Moodle for announcements, reminders and updates.
- 3 – Please log on to Moodle for handouts that are not distributed in hard copy form. Please also check your Bergen Community College e-mails (You may decide to filter your Bergen e-mail into your personal e-mail address).

Special Features of the Course

In addition to daily performance in the kitchen, use of learning technologies in the course (Internet, Moodle, etc.) is necessary to help you succeed in this course and in the industry.

Course Texts and/or Other Study Materials

Required
 Sackett, L. (2012). *American Regional Cuisines: Food Culture and Cooking*. New York: Pearson.
 ISBN: 13-9780131109360
 Digital Format: ISBN: 13-9780133004663

Grading Policy

The grading system used for this course will combine the following

Quizzes	10%
Written assignments	10%
Daily Lab Performance	40%
Final Practical	20%
Regional Essay & Presentation	10%
Final Examination	10%
	100%

Attendance Policy

All students are expected to attend every scheduled meeting of each course in which they are registered. It is understandable there are times you may not be able to attend a session, or part thereof. In such cases, you are responsible for checking with the instructor, Moodle, classmates, etc. to be up to date on any work missed. You must also inform the instructor of any missed scheduled tests or presentations before class start time in order to request a make-up. Attendance will be kept by the instructor for administrative and counseling purposes. Assignments that are due by electronic submission are still due at the beginning of the scheduled class even if you are not present in class. A 5% per business day reduction will occur for late work submission, unless you had received an excused extension from your instructor before the assigned due date. (Ex. Monday to Tuesday = 1 business day)

Overall Kitchen Lab Class Participation (up to 10 performance points per session)

Class participation by students (including regular and timely attendance and active engagement in class sessions) is an essential part of this course. I expect you to participate actively and constructively in our class sessions in ways that show respect and courtesy to me and to your classmates during lecture and lab. As we proceed through the semester, there will be class discussions and practical tests on all of the major topics covered in the course. You are required to participate actively during all classes, and to remain in class the entire session. This includes logging on to Moodle for class announcements and being in touch with the class if you need to miss a class session.

"Professional" behaviors: To earn points for class participation, you must (1) attend class regularly in proper uniform, and be on time and not leave early; (2) be well-prepared for class by doing all assigned reading and other out-of-class preparations ahead of time; (3) participate voluntarily, actively, intelligently, and constructively in class discussions and during the lab; (4) perform all in-class tasks; (5) apply proper sanitation and food preparation procedures appropriate to the menu; and (6) utilize frequently and actively the materials and facilities needed for your success in this course.

"Unprofessional" behaviors: Behaviors such as the following will result in your losing points for class participation: (1) being absent from or late for class; (2) leaving class early; (3) continually walking out of and coming back into class; (4) not adhering to proper uniform and appearance guidelines; (5) being inattentive to class lectures and lab demonstrations; (6) behaving inappropriately in class (e.g., acting silly; conducting private conversations, utilizing cell phones except when permitted for camera use, other distracting classroom antics such as chewing gum in class; careless treatment of food and equipment; etc.); (7) being impolite, rude, or discourteous to me or to your classmates; (8) not being adequately prepared for class; (9) showing a negative or frivolous attitude toward the course; (10) Not utilizing the materials and facilities provided for your success in the course.

Other College Policy Statements

Code of Student Conduct:

http://bergen.edu/wp-content/uploads/StudentCodeofConduct2016_EngVer12062016.pdf

Statement on plagiarism and/or academic dishonesty:

Please read pages 8 – 9 in the above link. Students are not excused from the penalties for not being aware of or for not having read the policies set forth regarding plagiarism and other forms of academic dishonesty.

ADA Statement:

Students who require accommodations in accordance with the Americans with Disabilities Act (ADA) can request these services from the Office of Specialized Services. To learn more about how to apply for services, please visit <http://www.bergen.edu/oss>.

Note: Those who have completed the OSS paperwork and received accommodations during previous semesters might not be automatically eligible in subsequent semesters in every case.