



Bergen Community College
 Division of Business, Arts, and Social Sciences
 Department of Business & Hotel/Restaurant Management

HRM 223 Asian Cuisine

Date of Most Recent Syllabus Revision:

Course Typically Offered: Fall ___ Spring ___ Summer ___ Every Semester ___ Other _____

Syllabus last reviewed by: BCC General Education Committee _____ Date: _____

(Most courses need review Ad Hoc Committee on Learning Assessment _____ Date: _____

by only one of the following) **Curriculum Committee:** _____ Date: April 9, 2018

Basic Information about Course and Instructor

Semester and year:

Course and Section Number: Asian Cuisine HRM 223

Meeting Times and Locations:

Instructor:

Email Address:

Office Location:

Phone:

Departmental Secretary: Linda Karalian, 201-447-7214, lkaralian@bergen.edu

Office Hours:

Course Description:

Official Catalog Course Description

This course is an introduction to Asian regional cuisine. Students research, plan and prepare menus based on authentic Asian recipes and commercial styles of preparation. Students will apply their introductory culinary skills to prepare Asian dishes using regional ingredients and cooking equipment. Dishes prepared in this course reflect foods commonly associated with culinary regions through Asia.

Hours: Lecture [1.00]. Lab [4.00].

3 credits

Prerequisites: HRM 103

Co-requisites: None

Cross Listed Courses: None

Student Learning Objectives:

As a result of meeting the requirements in this course, students will be able to:

1. Explain the cultural foodways and use of ingredients from various Asian regions
2. Demonstrate various culinary preparations using ingredients found in Asian regions
3. Identify, use, and evaluate the quality of meat, poultry, seafood, produce and other ingredients used in Asian and Pacific recipes
4. Analyze the relationship between climate, topography, and diet of the regions and the use of staple ingredients
5. Create menus and produce dishes while adhering to production schedules for various types of clientele

Means of Assessment

The major assessment types (means of assessment) utilized in this course are graded lab participation, regional essay, objective written tests, presentations and practical examinations.

Course Content

The course is intended to guide students to prepare complex menus representative of Asian regions, while building on fundamental culinary techniques. It involves preparing menus and examining the symbiotic relationship between cuisine and culture. Therefore, the course includes the following mandatory components:

1. Innovating, planning, and implementation of Asian regional menus for various types of clients
2. Daily preparation of dishes representative of Asian regions
3. Research study of the regions as they relate to food history and culture

Course Outline and Calendar

Week	Date(s)	Topic	Chapters
1		Course Introduction; Cuisine & Culture of Asia	
2		Regional Cuisine Focus: South Asia I	14
3		Regional Cuisine Focus: South Asia II	14
4		Regional Cuisine Focus: China I	11
5		Regional Cuisine Focus: China II	11

6		Regional Cuisine Focus: China III	11
7		Regional Cuisine Focus: Thailand	13
8		Regional Cuisine Focus: Malaysia and Singapore	
9		Regional Cuisine Focus: Vietnam, Indonesia and the	13
10		Regional Cuisine Focus: Japan	12
11		Regional Cuisine Focus: Korea	12
12		Regional Cuisine Focus: Middle East I	9
13		Regional Cuisine Focus: Middle East II	9
14		Final Practical Examination	
15		Final Written Examination; Regional Essay Presentation	

Notes to Students:

- 1 - Syllabus may change due to unforeseen circumstances or to take advantage of educational opportunities.
- 2 – Your instructor will update you on test dates and assignments. Please continually log on to Moodle for announcements, reminders and updates.
- 3 – Please log on to Moodle for handouts that are not distributed in hard copy form. Please also check your Bergen Community College e-mails (You may decide to filter your Bergen e-mail into your personal e-mail address).

Special Features of the Course

In addition to daily performance in the kitchen, use of learning technologies in the course (Internet, Moodle, etc.) is necessary to help you succeed in this course and in the industry.

Course Texts and/or Other Study Materials

Required

Heyman, P. (2017). *International Cooking. A Culinary Journey, 3rd Edition*. New York: Pearson.

Grading Policy

The grading system used for this course will combine the following

Quizzes	10%
Written assignments	10%
Daily Lab Performance	40%
Final Practical	20%
Regional Essay & Presentation	10%
Final Examination	10%
	100%

Attendance Policy

1. Attendance will be taken at the beginning and end of each class session
2. You are required to attend 14 out of 15 classes, or you may be required to repeat the course again. Absences require an official doctor's note of other formal documentation.
3. Lateness that exceeds 10 minutes will be counted as an absence
4. 2 latenesses that are less than 10 minutes each equal 1 absence. You must notify the instructor when you arrive late. Otherwise you will be marked absent.
5. There are no make-up examinations.

Overall Kitchen Lab Class Participation (up to 10 performance points per session)

Class participation by students (including regular and timely attendance and active engagement in class sessions) is an essential part of this course. I expect you to participate actively and constructively in our class sessions in ways that show respect and courtesy to me and to your classmates during lecture and lab. As we proceed through the semester, there will be class discussions and practical tests on all of the major topics covered in the course. You are required to participate actively during all classes, and to remain in class the entire session. This includes logging on to Moodle for class announcements and being in touch with the class if you need to miss a class session.

"Professional" behaviors: To earn points for class participation, you must (1) attend class regularly in proper uniform, and be on time and not leave early; (2) be well-prepared for class by doing all assigned reading and other out-of-class preparations ahead of time; (3) participate voluntarily, actively, intelligently, and constructively in class discussions and during the lab; (4) perform all in-class tasks; (5) apply proper sanitation and food preparation procedures appropriate to the menu; and (6) utilize frequently and actively the materials and facilities needed for your success in this course.

"Unprofessional" behaviors: Behaviors such as the following will result in your losing points for class participation: (1) being absent from or late for class; (2) leaving class early; (3) continually walking out of and coming back into class; (4) not adhering to proper uniform and appearance guidelines; (5) being inattentive to class lectures and lab demonstrations; (6) behaving inappropriately in class (e.g., acting silly; conducting private conversations, utilizing cell phones except when permitted for camera use, other distracting classroom antics such as chewing gum in class; careless treatment of food and equipment; etc.); (7) being impolite, rude, or discourteous to me or to your classmates; (8) not being adequately prepared for class; (9) showing a negative or frivolous attitude toward the course; (10) Not utilizing the materials and facilities provided for your success in the course.

Other College Policy Statements

Code of Student Conduct:

http://bergen.edu/wp-content/uploads/StudentCodeofConduct2016_EngVer12062016.pdf

Statement on plagiarism and/or academic dishonesty:

Please read pages 8 – 9 in the above link. Students are not excused from the penalties for not being aware of or for not having read the policies set forth regarding plagiarism and other forms of academic dishonesty.

ADA Statement:

Students who require accommodations in accordance with the Americans with Disabilities Act (ADA) can request these services from the Office of Specialized Services. To learn more about how to apply for services, please visit <http://www.bergen.edu/oss>.

Note: Those who have completed the OSS paperwork and received accommodations during previous semesters might not be automatically eligible in subsequent semesters in every case.