



Student ID: \_\_\_\_\_

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## OSHA Respirator Medical Evaluation Questionnaire (Mandatory)

### Appendix C to Sec. 1910.134

**Part A. Section 1.** All students who has been selected to use any type of respirator must provide the following information:(please print)

Today's date: \_\_\_\_\_ BCC ID # \_\_\_\_\_ Program \_\_\_\_\_  
Print your name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_ lbs.  
Contact phone number : \_\_\_\_\_ Email : \_\_\_\_\_

Have you worn a respirator in the past? Yes \_\_\_\_\_ No \_\_\_\_\_

If "yes", what type(s): \_\_\_\_\_ Physical exertion  
while wearing a respirator: Mild \_\_\_\_\_ Moderate \_\_\_\_\_ Strenuous \_\_\_\_\_ Maximum time you wear  
a respirator in a single day?: \_\_\_\_\_ hours

Do you exercise? Yes \_\_\_\_\_ No \_\_\_\_\_ If "yes" describe how often and what exercise  
activities are: \_\_\_\_\_

**Part A. Section 2.** (Mandatory) Questions 1 through 9 below must be answered by "Yes" or "No"

1. **Do you currently smoke tobacco, or have you smoked tobacco in the last month?**
  - a. Yes \_\_\_ No \_\_\_
  - b. If yes, how many packs per day? \_\_\_ 1/2 or less \_\_\_ 1 pack \_\_\_ 2 packs \_\_\_ 2 or more
  - c. How many years have you smoked? \_\_\_ 1-9 yrs. \_\_\_ 10-19 yrs. \_\_\_ 20-29 yrs. \_\_\_ 30 or more
2. **Have you ever had any of the following conditions?**
  - a. Seizures (fits) \_\_\_\_\_ Yes \_\_\_\_\_ No
  - b. Diabetes (sugar disease) \_\_\_\_\_ Yes \_\_\_\_\_ No
  - c. Allergic reactions that interfere with your breathing \_\_\_\_\_ Yes \_\_\_\_\_ No
  - d. Claustrophobia (fear of closed-in places) \_\_\_\_\_ Yes \_\_\_\_\_ No
  - e. Trouble smelling odors \_\_\_\_\_ Yes \_\_\_\_\_ No
3. **Have you ever had any of the following pulmonary or lung problems?**
  - a. Asbestosis \_\_\_\_\_ Yes \_\_\_\_\_ No

- b. Asthma \_\_\_\_ Yes \_\_\_\_ No
- c. Chronic bronchitis \_\_\_\_ Yes \_\_\_\_ No
- d. Emphysema \_\_\_\_ Yes \_\_\_\_ No
- e. Pneumonia \_\_\_\_ Yes \_\_\_\_ No
- f. Tuberculosis \_\_\_\_ Yes \_\_\_\_ No
- g. Silicosis \_\_\_\_ Yes \_\_\_\_ No
- h. Pneumothorax (collapsed lung) \_\_\_\_ Yes \_\_\_\_ No
- i. Lung cancer \_\_\_\_ Yes \_\_\_\_ No
- j. Broken ribs \_\_\_\_ Yes \_\_\_\_ No
- k. Any chest injuries or surgeries \_\_\_\_ Yes \_\_\_\_ No
- l. Any other lung problems that you've been told about

**4. Do you currently have any of the following symptoms of pulmonary or lung illness?**

- a. Shortness of breath \_\_\_\_ Yes \_\_\_\_ No
- b. Shortness of breath when walking fast on level ground or walking up a slight \_\_\_\_ Yes \_\_\_\_ No  
Shortness of breath when walking with other people at an ordinary pace on level ground \_\_\_\_ Yes \_\_\_\_ No
- c. Have to stop for breath when walking at your own pace on level ground \_\_\_\_ Yes \_\_\_\_ No
- d. Shortness of breath when washing or dressing yourself \_\_\_\_ Yes \_\_\_\_ No
- e. Shortness of breath that interferes with your job \_\_\_\_ Yes \_\_\_\_ No
- f. Coughing that produces phlegm (thick sputum) \_\_\_\_ Yes \_\_\_\_ No
- g. Coughing that wakes you early in the morning \_\_\_\_ Yes \_\_\_\_ No
- h. Coughing that occurs mostly when you are lying down \_\_\_\_ Yes \_\_\_\_ No
- i. Coughing up blood in the last month \_\_\_\_ Yes \_\_\_\_ No
- j. Wheezing \_\_\_\_ Yes \_\_\_\_ No
- k. Wheezing that interferes with your job \_\_\_\_ Yes \_\_\_\_ No
- l. Chest pain when you breathe deeply \_\_\_\_ Yes \_\_\_\_ No
- m. Any other symptoms that you think may be related to lungs

**5. Have you ever had any of the following cardiovascular or heart problems?**

- a. Heart attack \_\_\_\_ Yes \_\_\_\_ No
- b. Stroke \_\_\_\_ Yes \_\_\_\_ No
- c. Angina \_\_\_\_ Yes \_\_\_\_ No
- d. Heart Failure \_\_\_\_ Yes \_\_\_\_ No
- e. Swelling in your legs or feet (not caused by walking) \_\_\_\_ Yes \_\_\_\_ No
- f. Heart arrhythmia (heart beating irregularly) \_\_\_\_ Yes \_\_\_\_ No
- g. High blood pressure \_\_\_\_ Yes \_\_\_\_ No
- h. Any other heart problem that you've been told about
- i. Frequent pain or tightness in your chest \_\_\_\_ Yes \_\_\_\_ No
- j. Pain or tightness in your chest during physical activity \_\_\_\_ Yes \_\_\_\_ No
- k. Pain or tightness in your chest that interferes with your job \_\_\_\_ Yes \_\_\_\_ No
- l. In the past two years, have you noticed your heart skipping or missing a beat \_\_\_\_ Yes \_\_\_\_ No
- m. Heartburn or symptoms that is not related to eating \_\_\_\_ Yes \_\_\_\_ No
- n. Any other symptoms that you may have that are related to heart or circulation problems

**6. Do you currently take medications for any of the following problems?**

- a. Breathing or lung problems \_\_\_\_ Yes \_\_\_\_ No
- b. Heart trouble \_\_\_\_ Yes \_\_\_\_ No
- c. Blood Pressure \_\_\_\_ Yes \_\_\_\_ No
- d. Seizures (fits) \_\_\_\_ Yes \_\_\_\_ No

**7. If you've used a respirator, have you ever had any of the following problems?**

- a. Eye irritation \_\_\_\_ Yes \_\_\_\_ No
- b. Skin allergies or rashes \_\_\_\_ Yes \_\_\_\_ No
- c. Anxiety \_\_\_\_ Yes \_\_\_\_ No
- d. General weakness or fatigue \_\_\_\_ Yes \_\_\_\_ No
- e. Any other problem that interferes with your use of a respirator

**8. Have you ever lost vision in either eye (temporarily or permanently)?**

- a. \_\_\_\_ Yes \_\_\_\_ No

**9. Do you currently have any of the following vision problems?**

- a. Wear glasses \_\_\_\_ Yes \_\_\_\_ No
- b. Wear contact lenses \_\_\_\_ Yes \_\_\_\_ No
- c. Color blind \_\_\_\_ Yes \_\_\_\_ No
- d. Any other eye or vision problem \_\_\_\_ Yes \_\_\_\_ No

**10. Have you ever had an injury to your ears, including a broken ear drum? \_\_\_\_ Yes \_\_\_\_ No**

**11. Do you currently have any of the following hearing problems?**

- a. Difficulty breathing \_\_\_\_ Yes \_\_\_\_ No
- b. Wearing a hearing aid \_\_\_\_ Yes \_\_\_\_ No
- c. Any other hearing or ear problem \_\_\_\_ Yes \_\_\_\_ No

**12. Have you ever had a back injury? \_\_\_\_ Yes \_\_\_\_ No**

**13. Do you currently have any of the following musculoskeletal problems?**

Weakness in any of your arm, hands, legs or feet \_\_\_\_ Yes \_\_\_\_ No

- a. Back Pain \_\_\_\_ Yes \_\_\_\_ No
- b. Difficulty fully moving your arms and legs \_\_\_\_ Yes \_\_\_\_ No
- c. Pain or stiffness when you lean forward or backwards at the waist  
\_\_\_\_ Yes \_\_\_\_ No
- d. Difficulty fully moving your head up or down \_\_\_\_ Yes \_\_\_\_ No
- e. Difficulty fully moving your head side to side \_\_\_\_ Yes \_\_\_\_ No
- f. Difficulty bending at your knees \_\_\_\_ Yes \_\_\_\_ No
- g. Difficulty squatting to the ground \_\_\_\_ Yes \_\_\_\_ No
- h. Climbing a flight of stairs or a ladder carrying more than 25 lbs.  
\_\_\_\_ Yes \_\_\_\_ No

**Any additional comments you would like to make:** \_\_\_\_\_

**To the best of my knowledge, the information I have provided is true and accurate. Student**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_