



Department of Nursing A.A.S.

Student Packet

Spring 2021



Dear Incoming Nursing Students,

As you begin, I personally want to welcome you to the Bergen Community College Student Nursing Program. Each professional in the Nursing Department, faculty, staff, and administration, are here to assist you in your endeavors. Together we will support and encourage you to attain your goals of becoming a registered nurse.

Our state-of-the-art Health Professions Integrated Teaching Center fosters a collaborative environment using the most current methodologies. Various disciplines interact with each other to simulate live clinical experiences in our Interdisciplinary Center for Simulation. Our experienced nursing faculty provide students with the opportunity to bridge the theory-practice gap by providing real world experiences to prepare you to become leaders of tomorrow.

Bergen Community College Nursing Program has a reputation of excellence. The health care facilities with whom we work, welcome and encourage our students to develop and grow in the learning process and in the profession of nursing. Our Nursing Program is accredited by the Accreditation Commission for Education in Nursing (ACEN), which is an indicator of the success of our program.

The faculty, staff and I wish you a successful year!

Sincerely,

Darlene Zales-Russamano

Darlene Zales-Russamano
Interim Associate Dean/Clinical Coordinator Nursing Program



NEW STUDENT VIRTUAL ORIENTATION FOR SPRING 2021 SEMESTER

ATTENDANCE IS MANDATORY!

January 6, and 7, 2021

All sessions will be Virtual

The schedule is as follows:

Day 1: January 6, 2021 (Virtual - All Students)

10:00 am – 12:00 pm

Nursing Students - Dean Zales-Russamano

Day 2: January 7, 2021 (Virtual - All Students)

9:00 - 10:45 am (All Students)

ATI Information Session

Facilitated by ATI Instructor **Amanda Jamison**

11:00 am – 2:00 pm (All Students)

ATI – Online Test Taking Strategies Seminar

Facilitated by ATI Instructor **Shayna Turner**

- View LIBRARY RESOURCES on your own:

<http://bergen.libguides.com/nursing>

MANDATORY
NURSING DEPARTMENT
REQUIREMENTS

Please read carefully and complete **ALL NURSING DEPARTMENT** requirements *by the deadline listed.*

Nursing Department Compliance Information should be submitted to the below

NURSING Department URL: <https://lf.bergen.edu/Forms/hp0001>

- CHBC – Criminal History Background Check – Scheduled date and/or completion date
- Drug Screen – Scheduled date and/or completion date
- Malpractice Insurance (coverage as a registered nursing student)
- CPR Certification – **American Heart Association, ONLY**
- Student Handbook Sign-Off Form

(Student Handbook Sign-off form can be found on the last page of the Nursing Student Handbook)

Do not sign until you have read the Nursing Student Handbook.

The Spring 2021 nursing student handbook will be available per the below link:

bergen.edu/nursing/more-info/

**Deadline for all NURSING DEPARTMENT Requirements to completed by
December 17, 2020 (NO EXCEPTIONS)**

Students will **NOT** be permitted to progress into the nursing program unless **all of the above** compliance documentation is submitted **one file to each site** at the above two URL's.

MALPRACTICE INSURANCE

Nursing students are required to purchase liability insurance. You can purchase the insurance from any company, but it must cover you as a Registered Nurse Student for at least the amounts of 1 million dollars (\$1,000,000) per individual claim and 3 million dollars (\$6,000,000) per aggregate claim.

Many of our nursing students use NSO (Nurses Service Organization) to purchase their liability insurance. This company's liability coverage for nursing students is now at a level of \$1,000,000 per individual claim and \$6,000,000 per aggregate claim for a Registered Nurse Student.

You can apply online to purchase your insurance from NSO at: www.nso.com or you can call toll free at 1-800-247-1500.

A copy of **your Certificate of Insurance only**
must be turned in with your other required paperwork by

December 17, 2020

CPR CERTIFICATION

ALL NURSING STUDENTS ARE REQUIRED TO MAINTAIN CPR CERTIFICATION FROM THE FOLLOWING ORGANIZATIONS ONLY:

AMERICAN HEART ASSOCIATION

Level: BLS Healthcare Provider Certification

***IMPORTANT:** Be sure you have registered for the **correct level of CPR certification** as indicated above. CPR certification must also be from a **live, in-person course** from either of the organizations listed above. No online CPR certification can be accepted.

Class schedules are available online at the American Heart Association website, www.americanheart.org

The Bergen Community College School of Continuing Education also offers CPR classes that meet our Nursing Department requirements. You can contact the Bergen Community College School of Continuing Education at [201-447-7488](tel:201-447-7488) to obtain more information.

It takes a few weeks to receive your official CPR card.

*** Upon receipt of your card, please make a photocopy of the card and submit it with your other required compliance documentation electronically, per the below link:**

URL to: <https://lf.bergen.edu/Forms/hp0001>

* If you have not received a copy of your card by December 17, 2020, we will **temporarily** accept a letter from the CPR course instructor stating that you successfully passed the course (until your card arrives).

Students who are unable to meet the performance criteria for Certification due to health restrictions must:

1. Present a physician's statement excluding them from this requirement and
2. Attend the theory component of the CPR course.

Proof of exemption must be sent from the physician; attendance at the course must be validated.

Deadline for all Requirements to be turned in: December 17, 2020



Level I Students

Dear Level One Nursing Student:

Welcome to the Nursing Program at Bergen Community College. We have a proud 40+ year history of educating nurses to provide health care to area residents and beyond. The faculty and nursing administration rigorously and regularly reviews student and program outcomes always seeking new ways to improve the teaching/learning process.

As a result of our studies, we are pleased to introduce a program to further aid nursing students to learn the theory and clinical application to nursing practice. This program is affiliated with ATI testing and remediation. You may recognize the name because the entrance examination you took to qualify for the Nursing Program is an ATI product. The program, utilized by numerous nursing programs throughout the country, will include the following products:

- Tutorials and Simulations
- Practice Assessments
- Proctored Assessments
- Active Learning Templates
- Print and eBooks

This program will provide YOU with personalized electronic remediation content; it will help you address your weaknesses. Your performance will be assessed in accordance with the categories tested on the ATI exit examination AND the national licensing examination, (NCLEX-RN) that you will be required to take to become a registered nurse.

We wish you the very best and will share in your success as you achieve your goal of becoming a registered nurse.

Sincerely,

Darlene Zales-Russamano

Darlene Zales-Russamano
Interim Associate Dean of Nursing / Clinical Coordinator

NURSING STUDENT SCHOLARSHIPS

There are many scholarships available for students enrolled in the Nursing Program at Bergen Community College.

We encourage all students to take advantage of the financial assistance offered by the scholarships available at BCC. Nursing student scholarships and the application can be viewed on the Bergen Community College web page via the following link: <https://bergen.edu/community/foundation/scholarships/>

DEPARTMENT OF NURSING SKILLS KIT

Your Nursing Skills kit can be Purchased through M&M Medical Sales, Inc. by completing the form below.

All payments are due prior to December 8, 2020

After you order your Nursing Kit, you will be required to **pick up** your Nursing Kit at M&M Medical Sales Inc. between: **January 11, 2021 - January 15, 2021 ONLY**

Office hours for pick-up will be 8:30 am – 4:00 pm Monday – Friday.

If you DO NOT Pick up your Nursing Kit during this Week, You Will **NOT** be able to move forward in the Nursing Program.

(PPE will NOT be included at this time)

**M&M MEDICAL SALES, INC.
356 South Maple Avenue
Glen Rock, New Jersey 07452
(201) 612-9060**

BERGEN COMMUNITY COLLEGE, DEPARTMENT OF NURSING
NURSE TRAINING KIT - **\$125.00**

This order form, along with your payment must be received by M&M Medical Sales, Inc.

Your Nursing Training Kit **cannot** be returned. The contents of this Kit have been developed in conjunction with your instructors and are required for your program. If you are missing any content from your Nursing Skills Kit please contact M&M Medical Sales, Inc, directly.

Payment is accepted by **Cash, Certified Check or Money Order only.**

All orders MUST be placed and received by **DECEMBER 8, 2020**

Mail or deliver checks to:

**M&M Medical Sales, Inc.
356 Maple Avenue
Glen Rock, New Jersey 07452**

By December 8, 2020

Please include the following information:

Student's Name: _____

Telephone Number: _____

PLEASE RETURN THE ENTIRE ORDER FORM

The Nurse Training Kit is a custom package, which will be made to order for you. If you do not order before the deadline, you will not receive the nursing Kit and will Not move forward in the Nursing Program.

**BERGEN COMMUNITY COLLEGE SCHOOL OF HEALTH
PROFESSIONS DEPARTMENT OF NURSING**

CONTENT NURSING SKILLS KIT

QTY	ITEM	COMMENTS
1	Sterile Foley Catheterization Tray	
5 pr	SensiCare Powder Free Synthetic Exam Gloves	
2	IV Set, Primary Tubing (Clearlink continu-flo solution set 112 inch	
2	IV Set Secondary Tubing (Clearlink secondary medication set with blue hanger in bag)	
2	250 ml Sodium Chloride (0.9% or Dextrose) injection USP Solution Bags in clear plastic wrap	
2	50 ml Sodium Chloride (0.9% or Dextrose) injection USP Solution Bags in clear plastic wrap	
1	Suction Catheter Kit sterile/disposable size 14 French	
1	Irrigation Tray with piston Syringe or bulb syringe in long white container	
2	Central Line Dressing Change Tray	
2	Towel/Drape Non-Fenestrated (sterile disposable towel)	
25	Sterile Gauze sponges (4 in x 4 in sterile gauze dressings)	

You will find the Items below in the plastic bag:

- Tweezers, inner cannula, and cotton balls are for use during Level-2 rotation.
- Please bring your nursing skills kit to the lab for skills practice and validation.

1	30 or 10 ml vial Sodium Chloride (0.9%), sterile water	
1	Ampule, 10 ml or 2ml glass ampule with liquid content	
1	Practi-Insulin, NPH (cloudy solution)	
1	Practi-Insulin, Regular (clear solution)	
1	Practi-Powder (vial with yellow powder)	
1	Insulin Syringe (1 ml 100 units) 29g x ½ inch	
2	Tie-On Face Mask (may Not be included at this time)	
2	Isolation Gown (yellow) (may Not be included at this time)	
1	Disposable Eye Light (pen light to check pupil size)	
1	Shiley Disposable Inner Cannula 6DIC (curved round cannula with wings) Tracheostomy inner cannula	
5	Cotton balls	
1	Sterile Thumb Forceps (tweezers)	

PLEASE CHECK YOUR NURSING SKILLS KIT IMMEDIATELY.

UNIFORMS

Nursing Students,

Starting **Spring 2020** all health professions will be wearing scrubs to the campus at all times. Each discipline will be recognized by their color.

Nursing will be **purple** to honor our school color. This establishes a professional appearance as well as a safety measure for the Health Professions Building.

(If you are a Level III or Level IV Student you are Not required to purchase new uniforms.)

Uniform Ordering Information:

All incoming Level I students **must visit the Yay Scrubs showroom** the week of **December 14 - December 18th, 2020 ONLY**, for uniform sizing.

All Payments will be due at the time you place your uniform order.

No Orders will be accepted after December 18th.

The uniform company is:

Yay Scrubs
336 Main Street
Hackensack, NJ 07601
201-820-4852
info@yayscrubs.com

*** Yay Scrubs will notify each student directly when your individual order is completed after you have been sized in December.

The hours are from 10 am - 7 pm

Please remember to wear your mask.

All uniforms are required to be worn at all times when in the lab or on campus.

**YAY SCRUBS
336 MAIN STREET
HACKENSACK, NJ 07601
201-820-4852**

BERGEN COMMUNITY COLLEGE - NURSING PROGRAM STUDENT ADVISORY LETTER Required Uniform Purchase:

Two sets, One lab coat, one name-pin

All orders must be paid in advance and are a **Final Sale**. Cash & credit/debit cards only. **NO PERSONAL CHECKS**

ALL ORDERS MUST BE PLACED between December 14th – December 17, 2020 ONLY.

WOMEN

MOT001-1276, NEW GRAPE TUNIC WITH CUSTOM EMBLEM APPLIED TO LEFT SLEEVE

XXS-XL \$23.99

2X-3X \$27.99

MOP001-1276, NEW GRAPE PULL-ON PANT

XXSLXL, XXSP-XLP \$22.99

2X-3X \$26.99

XST-XLT \$26.99

MEN

MOT019-1276, NEW GRAPE TOP WITH CUSTOM EMBLEM APPLIED TO LEFT SLEEVE

XS-XL \$29.99

2X-3X \$33.99

MOP016-1276, NEW GRAPE PANT

XS-XL, XSS-XLS \$27.99

2X-3X \$31.99

ST-XLT \$31.99

S=SHORT, T=TALL

UNISEX

808-WHITE, CONSULTATION LAB COAT, 31" WITH EMBLEM APPLIED TO LEFT SLEEVE

XXS-XL \$24.99

2X-3X \$26.99

CUSTOM NAMETAG

\$12.00

ADDITIONAL ITEMS:

All white leather shoes or full back plastic clogs, NO CANVAS/FABRIC FOOTWEAR

Bandage scissors

Stethoscope

Penlight

Above listed additional items are available for purchase with the exclusive Bergen Community College discount.

Please arrive at your scheduled appointment time.

STORE HOURS: MONDAY THROUGH SATURDAY, 9:00 AM TO 7:00 PM.

Best Regards,
Yay Scrubs

TEXTBOOKS FOR SPRING 2021

All required course materials, including your books bundled together for great savings, can be purchased through the bookstore at www.Bergenstore.com.

Please contact the Bookstore directly at bookstore@bergen.edu for any questions or concerns.

NUR 181–ASSESSMENT

Jarvis, Carolyn. Physical Examination and Health Assessment, 8th edition. 2018. Elsevier.
ISBN 13: 9780323510806

Leeuwen, Poelhuis-Leth, and Bladh. Davis's Comprehensive Handbook of Laboratory and Diagnostic Tests with Nursing Implications, 8th edition. FA Davis.
ISBN - 9780803674950

~or~

Pagana and Pagana. Mosby's Diagnostic and Laboratory Test Reference, 14th edition. 2018, Elsevier.
ISBN 10: 0323609694
ISBN 13: 9780323609692

NUR 182 - PHARMACOLOGY/MATH

Pharmacology: A Patient Centered Nursing Process Approach
Linda E. MCCuiston, Kathleen Vuljouin-Dimaggio, Mary B. Winton, Jennifer J. Yeager (2018). Elsevier 9th ed.
ISBN # 978-0-323-39916-6

Calculate with Confidence
Morris Gray, D. (2018). Elsevier 7th ed.
ISBN # 987-0-323-39683-7

NUR 183 – CONCEPTS

Judith M. Wilkinson and Leslie S. Treas. Fundamentals of Nursing Vol 1 & 2, 4th edition & Davis Edge RN Funds, 4th Edition
ISBN-13: 978-0-8036-7690-9 (includes **Davis Advantage**)

Davis's Drug Guide for Nurses
ISBN-13: 978-1-7196-4005-3

or

Skidmore-Roth: Mosby's Nursing Drug Reference
ISBN# 9780323757331

Mosby's Dictionary of Medicine, Nursing & Health Professions. 10th edition Elsevier.
ISBN #: 9780323222051

or

Taber's Cyclopedic Medical Dictionary (Thumb-indexed Version). F.A. Davis.
ISBN-13: 978-0-8036-5904-9

Textbooks (continued)

NUR 183 – CONCEPTS (continued)

Optional

Nugent and Vitale. Test Success ISBN-13: 978-1-7196-4002-2

Fundamentals Success ISBN-13: 978-0-8036-7745-6

Pharmacology Success ISBN-13: 978-0-8036-6924-6

F.A. Davis Company

Pearson Reviews & Rationales: Nursing Fundamentals with "Nursing Reviews & Rationales", Maryann Hogan.
ISBN-13: 9780134480589

Margaret Sorrell Trueman: Case Studies in Nursing Fundamentals, F.A. Davis Company
ISBN-13: 978-0-8036-2923-3

Nursing Care Plan Books - student choice

Doenges, Moorhouse, Murr. Nursing Diagnosis Manual: Planning, Individualizing and Documenting Client Care. F.A. Davis.

ISBN-13: 978-0-8036-7677-0

Nursing Care Plans, Diagnoses, Interventions, and Outcomes. Gulanick & Myers. Mosby.
ISBN# 9780323428187

Sparks and Taylor's Nursing Diagnosis Reference Manual. Lippincott Williams and Wilkins.
ISBN# 9781975141745

NUR 281/282- Adult Health Nursing

Brunner & Sudarth, Textbook of Medical Surgical Nursing, Lippincott, 14th Edition (2 volumes)
ISBN: 9781496348012

Lutz's Nutrition and Diet Therapy (7th ed.). Philadelphia, PA: F.A. Davis.
ISBN: 9780803668140

NUR284- Maternal Child Health Nursing

Maternal Newborn Nursing, 3rd Edition, Durham & Chapman FA Davis
ISBN: 978-0-8036-7656-5

Pediatric Nursing, 2nd Edition, Rudd & Kocisko FA Davis
ISBN: 13:978-0-8036-7656-5

*** There's an ISBN code for the bundle which includes the text for NUR 285 Mental Health which is listed above; ISBN: 13:978-1-7196-1784-0, the bundle is a cost saving of almost \$100 for our students.

NUR285- Psychiatric Nursing

Davis Advantage/Edge for Psychiatric Mental Health Nursing, 10th ed. Townsend, Mary and Morgan, Karen.
ISBN-13: 978-1-7196-1784-0

NUR290/291 Professional Role Management

Catalano, Joseph. Nursing Now! : Today's Issues, Tomorrow's Trends, 8th Edition, 2015. FA Davis
ISBN #: 9780803674882

NURSING STUDENT COMPLIANCE INFORMATION CHECKLIST

Health Services Compliance Information should be submitted to the below

Health Services URL: <https://lf.bergen.edu/Forms/hs0001>

- △ Nursing & Health Professions Immunization Requirement Form
- △ Health Services Medical Exam Record
- △ Hepatitis B Vaccine Acceptance/Declination Form
- △ Nursing/Health Professions Students – Tuberculosis (TB) Screening Requirement
- △ LabCorp urine drug screening
- △ Flu Vaccination Form (in season October - April)
- △ Health/Medical Insurance Company

Nursing Department Compliance Information should be submitted to the below

NURSING Department URL: <https://lf.bergen.edu/Forms/hp0001>

- △ CHBC – Criminal History Background Check – Date of Completion
- △ Drug Screen – Date of Scheduled / Completion
- △ Malpractice Insurance
- △ CPR Certification – **American Heart Association, ONLY**
- △ Student Handbook Sign-Off Form (Student Handbook Sign-off form can be found on the Last page of the Nursing Student Handbook)

Do not sign until you have read the Nursing Student Handbook.

The Spring 2021 nursing student handbook will be available per the below link:

bergen.edu/nursing/more-info/

IMPORTANT – PLEASE READ BELOW AND COMPLY

The above compliance information must be completed and **returned by December 17, 2020.**

Health Services information (the first seven items), should be submitted to: <https://lf.bergen.edu/Forms/hs0001>

Nursing Compliance information (the last five items) should be submitted to: <https://lf.bergen.edu/Forms/hp0001>