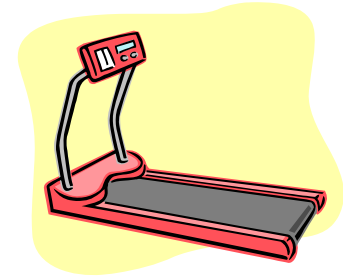


**Fitness Center S-128**  
**Free Hours**  
**Spring 2018**



***Paramus Campus***

***Effective 1/25/18***

Days	Times
Mondays	3:00PM - 6:00PM - OPEN
Tuesdays	8:00AM - 11:00AM - OPEN 1:30PM - 6:00PM - OPEN
Wednesdays	9:30AM - 6:00PM - OPEN
Thursdays	8:00AM - 9:30AM - OPEN 1:30PM - 6:00PM - OPEN
Fridays	12:00PM - 4:00PM - OPEN
<b><i>Lyndhurst Campus</i></b>	<b><i>Effective 1/31/18</i></b>
Tue-Thurs-Fri	10:00 am – 12:30 pm Rm 316

Please inform Prof. Wolfe in the Wellness & Exercise Science Dept. (G-202) or the WEX/Athletic Offices (G-207/ G-201) if the facility is not open during scheduled hours.

- Proper attire is required
- Valid college ID is required w/medical “M” sticker – medical form must be on file w/Health Services (HS-100).
- No food or drink in Fitness Center.
- Classes have preference over free hours.
- The College is not responsible for missing items.

**HOURS SUBJECT TO CHANGE WITHOUT NOTICE**