Bergen Community College  
Division of Business, Arts & Social Sciences  
Department of Visual & Performing Arts

Course Syllabus

**Movement for the Performing Artist  THR 113**

Date of Most Recent Syllabus Revision: **8/20/19**
Course Typically Offered: Fall __ Spring _X_ Every Semester __ Other ____
Syllabus last reviewed by: BCC General Education Committee __________
Curriculum Committee ______________

Basic Information About Course and Instructor

Semester and Year:
Course and Section Number:
Meeting Times and Locations:
Instructor:
Office Location:
Phone:
Departmental Secretary:
Office Hours:
Email Address:

Course Description

**Movement for the Performing Artist**  A fundamental movement course for the student performer. Emphasis is placed on developing within the actor an understanding of his/her body as an instrument of expression and communication, and enhancing the actor’s ability to use his/her instrument. Course encompasses exercises and explorations based on a variety of techniques for developing body and spatial awareness and use. 1 lecture, 2 lab: 2 credits

Prerequisite: none
**Student Learning Objectives:** The goal of this course is to give the student total immersion in all types of stage movement and the accompanying vocal aspects of performance. They will be expected to present to the class a final performance piece as an actor, dancer, or both.

1. Develop a keener understanding of the significance of daily body and vocal warm-ups as the relate to the performing artist.
2. Gain a greater understanding a variety of movement disciplines and the sounds that convey the character’s objectives.
3. Identify and analyze different forms of movements and sounds found within the activities of human beings of all ages in various situations and record in a Kinetic Journal.
4. Analyze and discuss the challenges of creating a performance piece from all the major periods of theatre history.

**Learning Assessments:**

In support of the above-mentioned goals, the course will include daily performance assignments both prepared and improvised. Students will take an active part in all class activities.

**Objectives will be assessed as follows:**

1. Ability to participate in all class activities.
2. Awareness of the value of careful preparation for assignments.
3. Ability to articulate what they have been doing on their assignment of daily entries into their Kinetic Journals.
4. Awareness of how to collaborate with the Director, Technical Director and other collaborative artists during rehearsals and performances.
5. Ability to review movement and vocal styles from various periods of history and articulate those differences/similarities.

**Course Content**

*Movement for the Performing Artist* introduces the fundamentals of stage performance for students preparing for a career in live theatrical events. Students
will be totally immersed in all of the disciplines of performance theatre and obtain a perspective of the necessities of the art form.

**Technological Literacy**

Technological literacy and information literacy is one expectation of this course. Students will be encouraged to explore, both on-line and in the library, further elements of physical theatre and dance.

**Course Texts and/or Other Study Materials**

**Required:**

In Addition there will be Handouts and video links.

**Grading Policy**

The final grade in this course will be determined by a student’s overall mastery of the subject matter as evidenced by the participation in chosen onstage or backstage position, Daily Journal, and final paper.

<table>
<thead>
<tr>
<th>Component</th>
<th>Weight</th>
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<tbody>
<tr>
<td>Participation</td>
<td>60%</td>
</tr>
<tr>
<td>Quizzes and exams</td>
<td>20%</td>
</tr>
<tr>
<td>Daily Journal</td>
<td>10%</td>
</tr>
<tr>
<td>Term Project</td>
<td>10%</td>
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**Criteria for Evaluation:**

**Participation:**
Student will be assigned projects to present in each class. The student will need to be 100% committed to that position and attend all classes.

**Daily Journal:**
The student will write and maintain a daily journal describing, in detail, their perceptions of the movements and sounds of human, non-human, and inanimate objects that they viewed throughout the semester.

**Final project:**
The student will be assigned a n faculty and student.
BCC Attendance Policy

All students are expected to attend punctually every scheduled meeting of each course in which they are registered. Attendance and lateness policies and sanctions are to be determined by the instructor for each section of each course. These will be established in writing on the individual course outline. Attendance will be kept by the instructor for administrative and counseling purposes.

Students will be evaluated on attendance and participation in class using the following criteria: consistent attendance; evidence of studying text and assignments; completed daily assignments; quality classroom responses.

Bergen Community College Academic Policies:

Bergen Community College is committed to academic integrity – the honest, fair and continuing pursuit of knowledge, free from fraud or deception. Please review the college catalogue or student handbook for further information on this topic.

Bergen Community College has adopted an internal grievance procedure to provide for prompt and equitable resolution of complaints alleging any action prohibited by federal regulation implementing Section 504 of the Rehabilitation Act of 1973, as amended, and the Americans with Disabilities Act of 1990. (ADA). Please review the college catalogue for further information on this topic.

Bergen Community College is committed to providing its students and employees with an academic and work environment free from sexual harassment or discrimination. Please review the policy prohibiting sexual harassment in the college catalog.

Please review the statement on acceptable use of BCC technology in the college catalog.

Faculty hold 3 office hours per week, and as requested by students, by appointment. Students are encouraged to seek out their faculty member for academic needs.
Student and Faculty Support Services

All students are encouraged to visit and use the BCC Library. There are particularly excellent electronic references in the area of music available to our students.

Students are encouraged to use the student support services of the college. These services include: the Writing Center, the music-computer Lab, the Tutorial Center, and the Office of Specialized Services.

| The Distance Learning Office – for any problems you may have accessing your online courses | Room C-334 | 201-612-5581 ptimms@bergen.edu |
| The Tutoring Center | Room L-125 | 201-447-7908 |
| The Writing Center | Room L-125 | 201-447-7908 |
| The Online Writing Lab (OWL) | On Line at: | www.bergen.edu/owl |
| The Office of Specialized Services (for Students with Disabilities) | Room S-131 | 201-612-5270 |
| The Sidney Silverman Library – Reference Desk | Room L-226 | 201-447-7436 |

Course Outline:

Note to Students: This Course Outline and Calendar is tentative and subject to change, depending upon the progress of the class

Movement for the Performing Artist Course Outline:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic/Activity</th>
<th>Learning Objectives</th>
<th>Assignments/Events</th>
</tr>
</thead>
</table>
| 1    | Course Introduction  
- Understanding the fundamentals of the course.  
- Discuss the Kinetic Journal | 1,2,3,4 | |
<p>| 2    | Developing kinesthetic sense and movement/vocal vocabulary (Effort Shape/Rudolf Laban) | 1,2 | |
| 3    | Characterizations using dialects and voice problems (IPA) | 1,2 | |</p>
<table>
<thead>
<tr>
<th></th>
<th>Animal characterizations/Primitive (Mao 4-Minute Warm-up)</th>
<th>1,2</th>
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<tbody>
<tr>
<td>5</td>
<td>Classical Greek/Choral work and Ensemble Playing/ Modern dance warm-up</td>
<td>1,2,4</td>
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<tr>
<td>6</td>
<td>Masks and Commedia dell’Arte (mime and Tarantella/ Moliere</td>
<td>1,2,4</td>
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<tr>
<td>7</td>
<td>Elizabethans/Renaissance Dance (Morris Dance and Pavane)</td>
<td>1,2,4</td>
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<tr>
<td>8</td>
<td>Written Mid-term exam/ Kinetic Journals due</td>
<td>1,2,3</td>
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<tr>
<td>9</td>
<td>English Restoration/Ballet Warm-up</td>
<td>1,2,4</td>
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<tr>
<td>10</td>
<td>Late 19th Century Realism/Principles of Physics</td>
<td>1,2,4</td>
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<tr>
<td>11</td>
<td>Dances used in Musical Theatre</td>
<td>1,2,3,4</td>
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<tr>
<td>12</td>
<td>Children’s Theatre/Tap Dancing</td>
<td>1,2,4</td>
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<tr>
<td>13</td>
<td>Modern Drama/Dance using costumes, set, props</td>
<td>1,2,3,4</td>
</tr>
<tr>
<td>14</td>
<td>James – Lange Theory for Creating a Role/ Final Projects</td>
<td>1,2,3,4</td>
</tr>
<tr>
<td>15</td>
<td>Kinetic Journals due/Final written exam/Bookkeeping</td>
<td>1,2,3,4</td>
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