# THE HINGRARY 1975

Volume 8 Issue 4

#### **Inside This Issue**

- Spring 2018 Honors
  Classes (pg.2)
- PTK President Shares
   Her Story (pg.3)
- Bergen Salon III Recap Article (pg.4)
- Honors Suite
   Information (pg.5)
- Honors E-board (pg.6)
- Contact Info (pg.7)

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# Pics from the Holiday Party!









#### BERGEN COMMUNITY COLLEGE

# The Judith K. Winn School of Honors Spring 2018 Honors Courses

#### **MATHEMATICS AND SCIENCE**

- BIO 108-005H Intro. Environmental Biology M/TH 11:00 a.m. - 1:30 p.m.; 8:00 - 10:45 a.m., R. Dill
- CHM 100-021H Intro to Chemistry T/TH/TH 9:30 - 10:45 a.m.; 11:00 a.m. - 1:45 p.m., F. Ramdayal
- MAT 130-001H Contemporary Math T/TH 1:45 - 3:00 p.m., D. Giglietta
  - M/W 3:15 6:00 p.m., l
- PHY 185-001H Intro to Physics M/W 3:15 - 6:00 p.m., P. Griffo

#### **BUSINESS, ARTS AND SOCIAL SCIENCES**

- ART 107-002H History of Photo. M/W 11:00 a.m. - 12:15p.m.; S. Boettger
- BUS 233-003H Business Law I T/TH 11:00 a.m. - 12:15 p.m., L. Mayer
- **BUS 101-006H Intro to Business** M/W 11:00 a.m. 12:15 p.m., L. Deane
- PSY 101-055H General Psychology T/TH 11:00 a.m. - 12:15 p.m., A. Maganzini
- PSY 101-027HP General Psychology (Paired) M/W 1:45 - 3:00 p.m., L. Ochoa
- PSY 207-001HY Psychology of Women T 9:30 10:45 a.m., A. Maganzini
- SOC 101-002H Sociology M/W 9:30 - 10:45 a.m., J. Behn
- SOC 103-010H Soc. of Family T 12:30 - 3:10 p.m., C. Lataianu
- **SOC 113-603H Social Problems** W 6:20 9:05 p.m., M. Flynn

- THR 101-008H Intro to Theatre M/W 12:25 - 1:40 p.m., L. Jonaitis
- CIN 140-602H Intro to Cinema Studies TH 6:10 - 10:15 p.m., G. Bermann
- **CR 107-xxxLY Criminology** T/TH 11:30 a.m. 1:04 p.m., M. Farhat
- **MUS 106-001H World Music** T/TH 1:45 3:00 p.m., A. Krikun

#### **WRITING AND COMMUNICATION**

- COM 100-027HP Speech Com (Paired) M/W 3:15 - 4:30 p.m., K. Williams
- COM 102-002H Public Speaking T/TH 9:30 - 10:45 a.m., E. Schikler
- COM 100-012H Public Speaking T/TH 1:45 - 3:00 p.m., E. Schikler
- WRT 101-009H Comp I M/W 1:45 - 3:00 p.m., T. LaPointe
- WRT 101-008HP Comp 1 (Paired) TH 3:15 - 6:00 p.m., A. Tomko
- WRT 201-014H Comp II M/W 12:20 - 1:35 p.m., K. Keane
- WRT 201-105H Comp II T/TH 9:30 - 10:45 a.m., L. Roliston
- WRT 201-081LY Comp II T/TH 1:15 - 2:49 p.m., M. Crosby
- **WRT-201-606H** T 6:20 9:05 p.m., M. Altschuler

#### **HUMANITIES**

- HIS 112-017H Western Civilization Since Reform
- W/F 11:00 a.m. 12:15 p.m., K. Chu
   HIS 107-001LH Mod. Eur. Since Fr. Rev. T/TH 11:30 a.m. - 1:04 p.m., S. Shurts
- LIT 202-002H Amer. Lit II (1880-Present) M/W 9:30 - 10:45 a.m., A. Kaufman
- LIT 221-002H Shakespeare T/TH 8:00 - 9:15 a.m., G. Sadock
- LIT 203-00?H World Lit. (1690-Present) TH 3:15 - 6:00 p.m., M. Makowiecka
- PHY 100-008HP Reasoning (Paired) W 3:15 - 6:00 p.m., T. DeMarco
- PHR 103-601H Intro to Logic T 6:30 - 9:05 p.m., T. Slaughter
- PHR 120-001H Intro to Religion M/W 8:00 - 9:15 a.m., G. Sadock

#### **LEARNING COMMUNITY/PAIRED COURSES**

- WRT-101-008HP Comp 1 TH 3:15 - 6:00 p.m., A. Tomko
- Paired with:
- PHY-100-008HP Reasoning W 3:15 - 6 p.m., T. DeMarco
- COM-102-027HP Speech Com. M/W 3:15 - 4:30 p.m., K. Williams
- Paired with:
- PSY-101-027HP General Psych. M/W 1:45 - 3:00 p.m., L. Ochoa

#### **HONORS COURSES AT LYNDHURST**

- WRT 201-081LH Comp II T/TH 1:15 - 2:49 p.m., M. Crosby
- OR 107-0??LH Criminology
  T/TH 11:30 a.m. 1:05 p.m., M. Farhat
- HIS 107-001LH Mod. Europe since French Rev. T/TH 11:30 a.m. - 1:05 p.m., S. Shurts





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The Newsletter of the Honors Association





# Phi Theta Kappa President Shares Her Story about Being an International Student at Bergen!

By Caroline Sabsoul

Being an international student is no piece of cake. The thought of talking to people in English is terrifying. Raising your hand in class is out of the question. How can one go through the process of getting over the shyness of public speaking in order to become a model student? Let's face it, every international student wants to succeed; we come from a different country and pay extraordinarily high tuitions and we want some recognition for it. Being an over achieving student is the way to go. I came from Brazil in 2014 and started Bergen during the Spring of 2016. At first, it was very hard for me to make new friends or even challenge myself during classes by voicing my opinions out loud. However, once I realized that no one would judge me if I struggled a little with English as long as I made my point, things got a little easier for me.

During my second semester I heard about Judith K Winn School of Honors and Honors Courses, which are classes for students with a GPA of 3.4 or higher. Honors classes promised to challenge us intellectually in a different way than regular classes would, plus you could get an Honors diploma along with your Degree which is always something good to have when applying for competitive four-year schools. I decided to give it a chance, even though I was hesitant and scared it would be too hard for me and of course, it was the exact opposite. Because the classes are relatively smaller, people interact more so it becomes a discussion where everyone has a place to voice their opinions as well as listen to your classmates and make new friends. You feel important to make part of a smaller group and it feels good when the effort you put through the semester is well rewarded.

I have to point out again how important it is when you are transferring to have this extra something on your resume because it puts you above the average students. Universities are looking for extraordinary students and having an Honors diploma is highly recommended. Taking honor classes was an important step for me to overcome my fear of speaking in class and today, I achieved enough to be the president of another Honor Society at Bergen, the Phi Theta Kappa. Being involved in all these activities has made me grow as a individual. Honors classes are the way to go for any international students with high hopes to succeed, just like the 2016 Caroline.

## There Is No Finish Line

#### By Shantelle Gunito

As honors students, high GPAs are not only expected of us - they're required. They are an indication that we are excelling in and presumably outside of the classroom. However, if each and every one of us were to take an IQ test, it's not likely that we'd *all* score extremely high. Now, that statement is not to discredit any

one of our intellectual abilities, but to recognize that there is more behind success than just intelligence or natural born talent.

Dr. Mina Ahn highlights this when she mentions that despite her achievements, if she were to take an IQ test, she probably would not score that high. She did not say this as a means of appearing humble or even as a reflection of doubt, but as an honest assessment of herself. I felt as though this discussion served as a reminder not only to me, but to others that intelligence isn't the only thing that determines how far one gets in life. This then, however, brings forward the question - what else does?



According to Angela Duckworth, an author whose work Dr. Mina Ahn encompassed her discussion on, the answer to that question is grit. Duckworth describes grit as "passion and perseverance for very long term goals" and theorizes it as a predictor of success. In her longitudinal study on high school juniors in risk of dropping out, she found that regardless of family income, test scores, or other determining factors - it was grit that set apart those who graduated a year later and those who did not.

As I listened to Dr. Mina Ahn discuss this, I couldn't help but recognize how applicable this concept is to honors students. There's always a certain air of intimidation from other students when it comes to being an honors student because there is this idea that we are a part of some type of intelligent elite. It's always thought that one has to be this extremely smart person, otherwise, they'd find themselves failing or struggling with hours of work. This is why I would consider this my favorite Bergen Salon thus far. I like to look at honors students that way. We are not a group of people who are bound together by having the *same* level of intelligence, but that we are all different. What really bounds us together is the part of us that honors that seeks *More*. That are driven to do more in order to get more.

Dr. Mina Ahn delved into how one could build grit, and how she wanted to instill this in her children. She said that she wants her children to have "grit, compassion, but mostly hope." Hope is something that is definitely necessary especially since Duckworth said that, "grit is having stamina...grit is living life as if it is a marathon, not a sprint." Even someone as accomplished as Dr. Mina Ahn, has to continue running in hopes for more because having grit is about understanding and being humbled that learning and chasing success is an ongoing journey. It never stops.

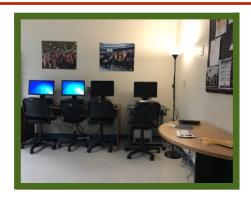
## **Honors Suite: A Second Home**

#### By Bryant Gomez

For most Honors students, having a place to focus, study, socialize and eat is much needed. Not only that, most students sometimes need some time to rest and ease their stress. Thankfully, students do have a place, an environment that encompasses all these things. Located on the third floor of the Pitkin Education Center is the Honors Suite in room S-347, the perfect place for students to use. Whether it's studying for a final or working on an essay, this is the place to be. The room is quiet and calm, providing students with a place to focus. Students are free to use the computers in the room and can also use the printer as long as it is a minimum of five pages. If you feel exhausted or tired, the Honors suite also has couches for students to use. If your hungry, you are free to use the microwave to heat up your food or use the Keurig machine to make yourself some coffee. Lastly, the room has a enclosed private space/conference room for students who are interested in having study groups or meetings.

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Both Judith K. School of Honors and Phi Theta Kappa are housed here and any information or questions that students have should feel free to come and ask. JKW's Senior Secretary Dolores Piro and PTK Administrative Advisor Angie Goldszmidt offices are located in this room. Students can feel free to talk with them, email or schedule an appointment to discuss about anything related to PTK or JKW School of Honors. As an Honors and PTK student, I urge you all to come and visit the Honors suite and take all the resources that are available for you to use. Who knows, you may learn something about JKW or PTK or even make a new friend! It is a second home for me and for many other students. Just visit, sign in and you are free to use the room.









## Honors Association E-Board





### Thomas Lolito President

As president of the H.A, I will be working towards improving the experience of Honors students by encouraging a wider variety of Honors courses and creating new events. I am the primary spokesperson of the H.A. and I am responsible for communicating with the Director of Honors.



#### Shantelle Guinto Publicist

My role as publicist is primarily flyer design, social media, and other forms of advertisement for the H.A. I focus on trying to reach as many Honors students as I can so everyone can be included in all H.A. events planned throughout the year. So, feel free to say, "Hi!"



#### Erin Moran Vice President

As the VP of the H.A, I promote the JKW School of Honors. I handle the external affairs, mainly with other organizations and clubs and work closely with the President. I also oversee all Honors Association events.



## Keanu Carbon Secretary

As secretary of the H.A, I make sure that communication between all members is efficient, which includes taking down the minutes in every meeting and verifying that we are all on the same page.



#### Bryant Gomez Editor-in-Chief

As the Editor-in-Chief, I am head of the editorial team. My responsibilities include choosing and creating content, writing, editing, designing the newsletter's layout and overseeing the co-editor position.



#### Antonio Petrazzuolo Treasurer

As Treasurer, I oversee the financial plans and budgets of the Honors Association. Along with the team, we create and enact fundraising and funding ideas, as well as promote available scholarships to students.











## **Honors Association Contact Information**

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# **Happy Holidays!**

# **Enjoy your Winter Break!**









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