



## DISCLAIMER

### **Are you unable to complete this course?**

Reach out. For students who would like to request special accommodations or assistive technology (assistive listening devices, large keyboards, screen magnifiers, etc.), please contact Professor Shari Franschman at [sfranschman@bergen.edu](mailto:sfranschman@bergen.edu) or someone you feel comfortable reaching out to. Students have the right to receive recommended accommodations as described on the accommodation form issued by the Office of Specialized Services in Room L-115 in the Pitkin Building of the Paramus Campus, to ensure equal access to the classroom information and course content while still holding the students with disabilities to the same academic standard as other students.





## Trigger Warning

The following document contains explicit language and definitions of acts of violence, which may be upsetting. Resources for support are available at the end of this document.

If you would like to set up a time to speak with a Personal Counselor, you can contact the Center for Health, Wellness and Personal Counseling at 201-447-9257



# **Bergen Community College**

## **VAWA Required Education**

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**Bergen Community College is committed to providing an institutional environment where all persons may pursue their studies, careers, duties, and activities in an atmosphere free of threat of unwelcome and unwanted sexual actions. It strongly condemns sexual offenses, will not tolerate sexual offenders, and supports those who have been victimized.**

**Sexual assaults are serious violations of the college's student judicial code, faculty standards and college employee policies. They are crimes under state law and punishable by fines and/or imprisonment. In addition, these actions are subject to civil suit for damages.**

## VAWA Act & SAVE Act

Bergen Community College is compliant with the **VAWA Act (Violence Against Women Reauthorization Act)** and the obligations on all post-secondary institutions under its **SAVE Act (Campus Sexual Violence Act)**. Obligations apply to new employees and incoming students regarding awareness and prevention methods of the following offenses:

**Sexual Harassment**

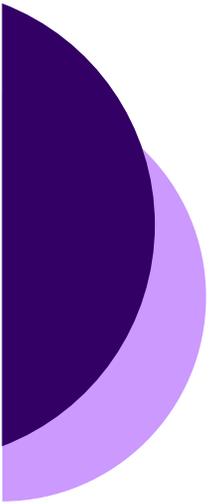
**Sexual Assault**

**Domestic Violence**

**Dating Violence**

**Stalking**





## ***Sexual Violence***

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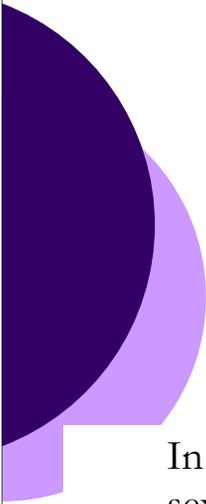
Any type of unwanted sexual interaction, ranging from personal attitudes and comments to sexual assault. Sexual violence is not necessarily a single act or situation—it might be a series of nonverbal, verbal, and physical events that make people feel unsafe or afraid.



**Any unwanted, unwelcome or manipulated sexual contact. It can be both physical and non-physical.**

**Some examples of non-physical sexual violence posting sexual explicit photos of someone online without their permission, sending unsolicited sexual explicit text messages or pictures. Some examples of physical sexual violence are sexual harassment, sexual assault and criminal sexual contact.**

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## Aggravated Sexual Assault

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In New Jersey, someone commits an aggravated sexual assault when they sexually penetrate another person against that person's will, and

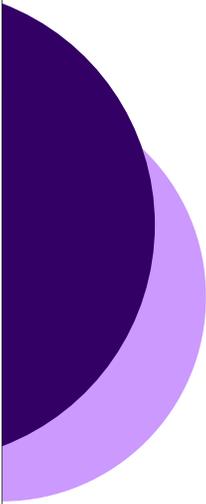
The person is younger than 12 years old  
AND/OR

The person is between 13 or 16 years old and  
the abuser is related to them by blood or  
acting as a guardian or parent AND/OR

There is a weapon or threat of a weapon  
AND/OR

The person has a developmental, cognitive, or  
physical disability AND/OR

The person is unconscious or incapacitated.



## Sexual Acts

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Kissing  
Licking  
Petting  
Fondling  
Oral Sex

Penetration (Oral, vaginal, anal)

Rubbing  
Tickling

masturbation or mutual masturbation — people masturbating together  
kissing — on the mouth, with the tongue, on body parts  
massages — touching someone's body in an erotic way  
touching a partner's nipples, breasts, or sex organs  
sex talk — phone sex, cybersex, "talking dirty" during sex  
rubbing bodies together — with or without clothing  
watching or reading erotica  
anal and vaginal intercourse  
oral sex — stimulating a partner's sex organs with the mouth  
using sex toys, alone or with a partner

**YES MEANS YES**

**If ANY sexual act lacks consent, it is  
Criminal Sexual Contact**

## CONSENT.. It's Required!

### YES MEANS YES

Consent is about making sure everyone involved in sexual activities is enjoying themselves and feeling safe.

A verbal confirmation is ideal (“Yes!”), but clear non-verbal confirmation is also consent (e.g. nodding head or motioning with the hands).

This is the common understanding around affirmative or enthusiastic consent – there is no question that everyone is ready and willing to move forward.

Words or actions that show a knowing, active and voluntary agreement to engage in mutually agreed upon activity.

## WHAT CONSENT IS

- ◆ **Consent is more than “No means No.”**
- ◆ **Consent is the presence of a yes.**
- ◆ **Consent is continuous.**
- ◆ **Consent can be withdrawn at any time.**
- ◆ **Consent is only possible when there is equal power.**
- ◆ **Consent is based on choice.**

## WHAT CONSENT IS NOT

- ◆ **Consent is NEVER implied and cannot be assumed.**
- ◆ **The absence of “no” does NOT mean “yes.” “I guess” does NOT mean yes.**
- ◆ **Consent CANNOT be given if there is pressure, intimidation, force, violence or the threat of violence.**
- ◆ **Consent cannot be given under the influence of drugs or alcohol.**

## ***Domestic Violence***

A pattern of coercive, controlling behavior that can include physical, emotional, psychological, sexual or financial abuse (using money and financial tools to exert control) committed by the victim's:

- Current or former spouse/partner
- Current or former cohabitant
- Current or former partner whom they share a child with
- Anyone else defined under domestic or family violence law

## ***Dating Violence***

Is controlling, abusive, and aggressive behavior in a romantic relationship. It can happen in heterosexual or homosexual relationships. It can include verbal, emotional, physical, or sexual abuse, or a combination.

### **TYPES OF ABUSE**

<b>Verbal/Emotional</b>	<b>Physical</b>	<b>Sexual</b>
Coercion, threats, intimidation, name-calling, isolating, controlling time, money, dress, decisions, humiliation, insults etc.	Pinching, hitting, kicking, hair pulling, strangling, restraining, shoving, punching, slapping, choking, burning, restraining, spitting, grabbing etc.	Unwanted touching, fondling, kissing, petting, comments etc.  -Forcing him/her to have sex (vaginal, oral, anal)  -Not letting a partner use birth control (condoms, pill)  -Forcing the person to do other sexual things they don't want to do

## STALKING

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Stalking is a pattern of repeated and unwanted attention, harassment, contact, or any other course of conduct directed at a specific person that would cause a reasonable person to feel fear.

- Repeated unwanted phone calls, text messages, voicemails (home, work, cell)
- Showing up everywhere someone is (cafeteria, work, library, restaurant)
- Using friends, peers or family to gather information about the person's whereabouts
- Tracking or monitoring social media/networking sites- or using social media to display photos or gossip or rumors
- Giving unwanted gifts
- Breaking into someone's records
- Electronic monitoring (GPS, etc.)

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### VIOLENCE INTERVENTION PREVENTION CENTER (VIP)

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Room A-126 C & Room A-126D

(201)879-8911

<http://www.bergen.edu/vip>

**If you or someone you know has experienced any type of violence, the Violence Intervention Prevention Center (VIP) can support and assist in finding any services that someone might need.**